

THE MOST OVERLOOKED SIGN OF ABUSE:

REMEMBER THE TEN-4 BRUISING RULE*

Watch for these signs of abuse that must be immediately evaluated:

Children age 4 and younger

Any bruising of the **T**orso, **E**ars or **N**eck



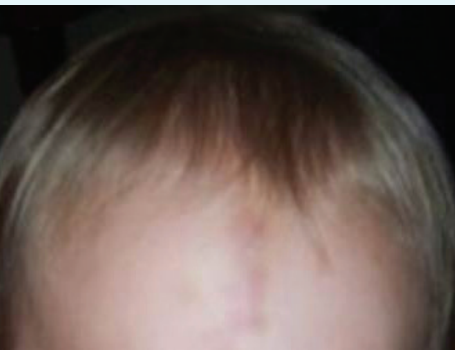
Infants – Any nonmobile infant under 1 year of age**

Any bruising **ANYWHERE** on a nonmobile infant under 1 year of age, or any infant who is not yet pulling up and taking steps. Those who don't cruise rarely bruise.



Normal bruising

In toddlers and older children who are mobile, bruises are typically on the front of the body and over bony areas like the forehead, elbows, knees and shins.



Is it abuse?

Even if you're not sure, you are required by law to report abuse or neglect.

In Kentucky, call **1-877-KYSAFE1** (1-877-597-2331) • In Indiana: **(800) 800-5556**

You may remain anonymous.

Forensic consultations 24 hour a day, 7 days a week • **(502) 629-6000**

* Pierce MC, Kaczor K, Aldridge S, O'Flynn J, Lorenz DJ. Bruising characteristics discriminating physical child abuse from accidental trauma. *Pediatrics*. 2010;125(1):67-74. Epub Dec. 7, 2009. Erratum in *Pediatrics*. 2010;125(4):861.

** Sugar NF, Taylor JA, Feldman KW et al. Bruises in infants and toddlers: those who don't cruise bruise. *Arch Pediatr Adolesc Med*. 1999;153(4):399-403.