

Winter 2021-22

Cart Wheels

A GIVING Spirit

STAYING ACTIVE WITH DIABETES

Inspiring spina bifida story

HERO HEART SURGEON RETIRES



A publication of Norton Children's and Norton Children's Hospital Foundation

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Coming together in large and small ways

It's finally fall and we're gearing up for our favorite time of year — the holiday season! After a busy summer, we are ready to kick off our annual holiday fundraising events.

If these past many months have taught us anything, it's to cherish time we can be together — whether it's with family, at one another's homes or simply out in the community. In this issue of Cart Wheels, you'll read about many ways we've come together to care for one another — from expanding pediatric care at Home of the



Innocents to putting collective minds together in offering care for complex medical conditions to gathering to celebrate this season of giving.

As we put the finishing touches on the Festival of Trees & Lights, Nov. 12 to 14 at Louisville Slugger Field, and finalize plans for the Snow Ball gala on Dec. 4 — back again in person at the Omni Louisville Hotel — we can't help but think about all the kids out there, like Beckham on the cover, who are living one day

at a time with serious medical conditions such as cancer. Funds raised from this year's holiday events will benefit Norton Children's Cancer Institute, affiliated with the UofL School of Medicine. With hundreds of kids needing cancer treatment in our community, we are thankful we can help ensure that lifesaving care is always available.

Wishing you many blessings for the holiday season.

Lynn Meyer, Ed.D.,
R.N., CFRE
Senior Vice President
Chief Development Officer
Norton Healthcare

Jennifer C. Evans, M.D., MPH
System Vice President
Women's and Pediatric Services
Norton Healthcare

Emmett C. Ramser
Chief Administrative Officer
Norton Children's Hospital

All photos were taken either prior to the pandemic or following CDC guidelines for proper use of masking and social distancing.

Hope, *health* and happiness at Home of the Innocents



Dean Lavenson Photo

Norton Children's Medical Group provides needed health services

This fall, Norton Children's Medical Group, affiliated with the UofL School of Medicine, began providing pediatric medical services at Home of the Innocents, a residential and community-based service campus for children in downtown Louisville. Norton Children's now provides general medical, audiology and psychiatric care on-site.

Medical care in this location will help to serve children in foster care and families who struggle with access to quality health care in the area. With many services located under one roof, patients can easily receive treatment for a variety of needs in the same building.

This partnership allows Home of the Innocents to remain focused on its mission of enriching the lives of children and families with hope, health and happiness through behavioral health services and pediatric long-term care. Norton Children's will complement that with improved access to quality medical care.

"Norton Healthcare's and Norton Children's mission is to provide quality health care to the diverse community we serve," said Steven T. Hester, M.D., MBA, division president, provider operations, and system chief medical officer for Norton Healthcare. "We look forward to building on Norton Children's nearly 130 years of experience and expertise to continue Home of the Innocents' tradition of serving children and families who need this special care."

The partnership puts Home of the Innocents in a stronger position to innovate legacy programs it has provided since 1880. The campus serves more than 10,000 children and their families a year with programs that include a safe haven for at-risk children, clinical treatment services, crisis and intervention services, therapeutic loving foster care and adoption services, and a pediatric convalescent center for children with medically complex or terminal illnesses.

The new office is called Norton Children's Medical Group – NuLu and can be reached at **(502) 205-4981**.

—Jason Howard

On the cover: Beckham Goodale of Charlestown, Indiana

Keep moving on

With a program-devised management plan, Nathan King is thriving as a sophomore first baseman and pitcher.

Dean Lavenson Photo

Diabetes doesn't have to mean giving up sports, thanks to special program

Nathan King felt off. Then 12 years old, he was thirsty — *really* thirsty — all the time. He woke up throughout the night to go to the bathroom. He started losing weight despite no changes to his diet or exercise.

When doctors diagnosed Nathan with Type 1 diabetes, the Louisville native flashed through emotions of confusion, fear and embarrassment. He worried he might not be able to continue playing basketball and baseball, his favorite sports. His pediatrician hugged his mother, Trina.

"It's hard to hear," Trina King said. "I knew that it was going to change every aspect of his life."

Enter the Christensen Family Sports & Activity Program, a resource unlike any other in the country for kids and young adults ages 6 to 26 with Type 1 diabetes. It's part of the Wendy Novak Diabetes Center housed within Norton Children's Endocrinology, affiliated with the UofL School of Medicine, in downtown Louisville. Nathan's diabetes team assured him and his mother that the young athlete's diagnosis wouldn't slow him down on the baseball diamond and basketball court. Quite the opposite, actually: With a program-devised management plan, Nathan, now 15, is thriving as a sophomore first baseman and pitcher on the Christian Academy of Louisville baseball team.

That's exactly what the program is all about: helping young people craft strategies to better navigate their blood sugar levels before, during and after physical activities. With research showing the many benefits of regular exercise for people with Type 1 diabetes, doctors encourage more movement and coach young people on how to proceed, even if they weren't physically active before their diagnosis.

Every situation is different. Preparing a young athlete for basketball or soccer isn't the same as athletes playing sports with more stoppages, such as baseball. Some participants in the Christensen family program are high-level athletes; some are just starting their physical activities. The goal, no matter what, is to maximize performance on the playground or the playing field.

"It helps build character and teamwork — you learn a lot of life lessons through sport and an active lifestyle," said Bradly J. Thrasher, D.O., pediatric endocrinologist, who works with patients in the program. "We know sport and activity change the insulin requirements for those living with diabetes. We collect a lot of data so we can assist in not only insulin adjustments but also nutrition recommendations to keep patients performing at their best."

At the Wendy Novak Diabetes Center, program facilitators try to recreate the activity or sport environment their young partners experience. That might include a treadmill or other variations of exercises — anything to simulate the exertion and monitor how their bodies respond.

Nathan King of Louisville, Kentucky

When he first started working with the program, Nathan wore an activity tracker to monitor his heart rate and performed regular blood sugar checks. He also learned that his adrenaline climbed during games but decreased significantly after them. After a few weeks of collecting data, the doctors came back with a plan, including everything from game-day nutrient intake suggestions — eat carbs here, not there — to contingencies if Nathan's blood sugar levels spike or drop.

The Kings joked that Nathan feels like a professional athlete every time he arrives at the facility.

"Like he's going to the NFL Combine or something," Trina said, laughing. Nathan's go-to line is that the center is the only good thing about having diabetes. His family has developed relationships with the small team working with Nathan. One diabetes educator, Eric Davenport, R.D., L.D., CDE, who also has Type 1 diabetes and hikes and plays sports, regularly checks in even outside the program schedule.

"The first time I went there, I was really dreading it," Nathan said. "It was not something I looked forward to, but everything is just great. It's all the same few people. It's a small circle."

Best of all, Nathan keeps on playing ball, just as he did before his diagnosis — this time armed with the exact information he needs to perform his best.

—Jeff Greer

Christensen Family Sports & Activity Program

The program is available to current patients of the Wendy Novak Diabetes Center. This specialized program strives to provide children and young adults the same level of care that professional athletes with Type 1 diabetes receive.

The goals of this program are to:

- Improve self-management of blood sugar during physical activity.
- Enrich the lives of children and their participation in physical activities.
- Encourage patients to be more physically active.
- Improve care through the use of mobile technology to monitor daily activity, diet and glucose levels analyzed by medical specialists.
- Become a community-engaged program through outreach and events.
- Conduct research on diabetes management in young athletes.

Call **(502) 205-4983** for ways to help or to learn more.

Princess of **spunk** and *sparkle*

Attitude is everything for tween living with spina bifida



Ryan Neighbors of Louisville, Kentucky

If [Ryan] goes out there and something is not accessible, or she can't do it, she finds whoever she needs to talk to to remove that roadblock."

—Shelly King

Twelve-year-old Ryan Neighbors has already accomplished more than some people will in a lifetime. Philanthropist: check. Runway model at Chicago Fashion Week: check. Winner of more than 20 beauty pageants, model at Derby Fashion Week, guest on NBC's "Today" show: check, check, check.

Ryan has done all this from her wheelchair.

"We've always shown her that she has no limits," said her mother, Shelly King.

Born with spina bifida, the sixth-grade student at Noe Middle School in Louisville, Kentucky, is a local celebrity, especially at Norton Children's Hospital, where a multidisciplinary team of specialists has cared for her since birth.

"Spina bifida impacts more than the nervous system," said Thomas M. Moriarty, M.D., Ph.D., Ryan's pediatric neurosurgeon with Norton Children's Neuroscience Institute, affiliated with the UofL School of Medicine. "A child growing up with spina bifida will need annual advice and care from a variety of specialists, including urology, orthopedics, plastic surgery, gynecology and gastroenterology."

Ryan is such a frequent patient at Norton Children's Hospital that she has a favorite room. Charmed by Ryan's exuberant personality, nurses have been known to jockey to be her caregiver. With the exception of two subspecialties, Ryan gets all of her care through Norton Children's Hospital, which her family regards as a second home.

Shelly said her daughter is not just a number at Norton Children's.

"They are like a family to us," she said. "It's so personal. Ryan rolls around the hospital, and everybody knows her. If they don't know her, they take time to get to know her, and they take the time to get to know me. They include me when it comes to planning her care or her surgeries."

After 12 years of collaboration, the relationship between Ryan's family and her Norton Children's providers is a close one. They have made it easy for the family to contact them in case of an emergency. And Shelly has occasionally reached out on holidays and after hours, as she did last Christmas when she had a concern about Ryan's health.

Ryan's care at Norton Children's began before she was even born, when a maternal-fetal medicine specialist referred then-pregnant Shelly to Dr. Moriarty. Since then, the pediatric neurosurgery team has served as the health care "quarterback" for Ryan, coordinating all the subspecialty care that's necessary for optimal health.



Ryan made international news in 2019 after her fourth-grade teacher, Jim Freeman, carried her on his back so she could attend a class field trip to the Falls of the Ohio, where she could not take her wheelchair. Left: Ryan's appearance on the "Today" show.

"[Dr. Moriarty] is a very meticulous human being by nature, and we're very blessed to have him," Shelly said. "He's like God's sidekick. His patients are his passion and his whole heart. He's insanely good. And these kids are [like] his babies. I could call him at any moment, and I know he would be there to advocate for Ryan, even if it was an area outside his expertise."

Ryan goes after anything she wants, and advocates for herself and for others who share her life experience.

"Ryan is involved in everything, and she's a very good voice for other kids," Shelly said. "If she goes out there and something is not accessible, or she can't do it, she finds whoever she needs to talk to to remove that roadblock. I'm very happy that's how she approaches her life."

—Crystal Hammon

[Dr. Moriarty] is a very meticulous human being by nature, and we're very blessed to have him. He's like God's sidekick. His patients are his passion and his whole heart."

—Shelly King



Left: Ryan with Dr. Moriarty, her neurosurgeon and health care "quarterback"

Care for a complex condition is right here at home

Nearly 1,500 babies are born with spina bifida each year. Spina bifida happens when the brain, spinal cord or membranes that cover them don't fully develop. Spina bifida can be mild with no symptoms to severe and potentially debilitating.

The Norton Children's board-certified neurosurgical team is led by Thomas M. Moriarty, M.D., Ph.D., a recognized leader in the field with extensive experience and specialized training. Our physicians have the sophisticated tools and skills to give a precise diagnosis and treatment plan for spina bifida that minimizes risk.

Families dealing with more severe forms of spina bifida often must see a range of specialists, from a pediatrician to a urologist, gynecologist, orthopedic surgeon, neurosurgeon and spine surgeon. One of the things that sets Norton Children's apart is our Spina Bifida Clinic. The clinic allows parents and children to see all of their specialists in a single day, and it allows the physicians to collaborate on the best care plan, striving to improve outcomes for the children we serve.

Learn more at [NortonChildrens.com/Neurosciences](https://www.nortonchildrens.com/neurosciences).

Breathing easy

Expert care for complex medical conditions is never out of reach



Ava Bale

Family photo printed with permission; ©Leacoln Bale



Dean Lavenson Photo

When Leacoln Bale got a thumbs-up on her 20-week prenatal scan, she and her husband, Jeremy, felt relief. The scans looked great, and they were thrilled about having another healthy baby girl.

Like her two older sisters — Ellie, 6, and Nora, 3 — Ava Bale was born at home with assistance from a midwife, but with Ava, things got tricky soon after her birth in April 2020. She seemed fine when a midwife and pediatric emergency medical technicians examined her, but several hours later, the Bales noticed that Ava's breathing was labored and irregular, especially after she nursed for the first time.

Following the advice of their midwife, the Bales decided to transfer Ava's care to Norton Children's Hospital.

"During the drive, her skin began to turn purple," Leacoln said. After a harrowing ride, the couple arrived at Norton Children's Hospital, where Ava quickly was diagnosed with a rare birth defect known as congenital diaphragmatic hernia (CDH).

"In babies with CDH, there is a hole in the diaphragm muscle that separates the chest from the abdomen," said Tiffany Wright, M.D., pediatric general surgeon with Norton Children's Surgery, affiliated with the UofL School of Medicine. "The intestines and other abdominal organs can move up into the chest and compress the lungs, which causes them to be small and underdeveloped."

From left, Scott Bickel, M.D.; Edward S. Kim, M.D.; and Tiffany N. Wright, M.D., work together in some of Norton Children's multidisciplinary clinics.

This lack of development results in abnormal, highly reactive blood vessels in the lungs, which can cause severe breathing problems.

Like many congenital conditions, CDH has a spectrum of severity. The later the diagnosis, the less severe the condition tends to be.

"We think this is because the lungs have more time to grow before the intestines move into the chest and start squishing them," Dr. Wright said. "Even so, it is fairly remarkable that Ava was born at home, where she cried, swallowed air and nursed for several hours."

Although Ava was in significant distress when she arrived at the hospital, she improved quickly once she was placed on a ventilator and a tube was put into her stomach to decompress her intestines. After she stabilized, Dr. Wright repaired her diaphragm through a minimally invasive technique that uses small incisions and a camera.

Dr. Wright said babies with CDH may have ongoing health issues that need medical attention during the first few years of life, from respiratory issues to gastroesophageal reflux and feeding difficulties.

Norton Children's offers multidisciplinary clinics to care for the gamut of needs when faced with a complex medical condition such as CDH, along with a host of other diseases and disorders.

Ava sees her team of specialists, including Dr. Wright, at the Norton Children's Congenital Diaphragmatic Hernia Clinic, where she's monitored by pulmonologists; cardiologists; neonatologists; dietitians; and speech, physical and occupational therapists.

"That lets these children be followed for all the possible developmental issues in one place, in one visit," Dr. Wright said.

The family likes to say that Ava, now 15 months old, came with some assembly required.

"When we left the NICU, her cardiologist, Edward Kim, M.D., told us we were bringing home a pretty much normal baby," Leacoln said. "We just couldn't have asked for anything better than what we were given at Norton, and the hands we were placed in to fix Ava's problem."

—Crystal Hammon

Teaming up for what's best for patients

The multidisciplinary clinic model

When it comes to caring for children with complex medical conditions, multidisciplinary clinics bring together several specialties into one visit. In addition to being more convenient for patients and families, this type of care allows health providers to work together to create coordinated care and follow-up plans. Research shows this model of care also improves patient safety and contributes to better patient-centered care.

Because teamwork is centered on solid communication, patients and families who go to multidisciplinary clinics report feeling more at ease and satisfied with their treatment plan when this team approach is in place.

Specialists from Norton Children's Medical Group, affiliated with the UofL School of Medicine, see patients at multidisciplinary clinics throughout Kentucky and Southern Indiana so children have access to the expertise available through Norton Children's without having to travel very far or go to many separate appointments. Many of these clinics include support from social services, therapists and care coordinators.

Learn more about these clinics at [NortonChildrens.com/Multidisciplinary-Clinics](https://www.nortonchildrens.com/multidisciplinary-clinics).

IRA charitable rollover

An end-of-year giving option



Long-time donor Frank has saved all his life, and now his IRA has grown quite large. Since he is older than age 72, the government imposes a required minimum distribution from his IRA. Frank loves the mission of Norton Children's Hospital but is concerned he cannot continue to support us because he will pay a lot of taxes and he's unsure if he will have enough left over. However, a charitable IRA rollover can meet Frank exactly where he is in life.



Using your IRA for good

If you receive annual income from an IRA, you are likely paying more in taxes each year. If you fail to withdraw your required minimum distribution, you face stiff penalties. The good news is that rolling over part or all of your required minimum to a charity can help reduce your tax bill while supporting a cause close to your heart.

Congress passed a law that gives you this option for your IRA withdrawal. While you must withdraw a certain amount of money from your IRA each year, the IRA charitable rollover gives you a way to avoid paying income taxes and still meet your required minimum distribution.

If you are age 70 or older, you can direct your IRA administrator to distribute a gift from your IRA to Norton Children's Hospital. Any amount you transfer may count toward your required minimum distribution, and you can direct up to \$100,000 to your favorite causes this year.

Your IRA administrator will provide forms and a procedure to help you make a rollover gift.

- You can direct a transfer of up to \$100,000 to be made this year from your IRA.
- You will pay no income taxes on the amount transferred. (Because you are not claiming the transferred amount as income, you will not receive an income tax deduction for your gift.)
- Contact us to let us know how you would like your gift to be used.

Learn more

If you like the idea of saving on taxes and supporting Norton Children's Hospital, an IRA charitable rollover gift may make sense for you. Want to learn more about how a rollover may help you meet your required minimum distribution and save on taxes? Call the Norton Children's Hospital Foundation at **(502) 629-8060**.

—Joyce Retz



Beckham Goodale

Heart of a GIANT

Methotrexate and *vincristine* are complex words for most, but 6-year-old Beckham Goodale knows them and can pronounce them just as well as any doctor. They're words no child should know, but this is **the reality of pediatric cancer.**

Dean Lavenson Photo

Boy fighting cancer has passion for giving back

Methotrexate and vincristine are Beckham's chemotherapy treatments. He's been battling acute lymphoblastic leukemia since December 2020.

In the days leading up to his diagnosis, Beckham struggled with a fever, leg and abdominal pain, and poor appetite. Tests confirmed the unimaginable.

"I thought they were wrong — I thought he had a virus," said Beckham's mother, Erin Goodale. "You always think it's not going to be your child."

Upon receiving the news, Erin fought back tears. Beckham wondered what was wrong, but Erin — still processing this herself — wasn't prepared to explain.

"I lied to him — I told him I stubbed my toe," Erin said. "And despite the pain he was in, despite the fact that his little body was fighting cancer, he was worried about me and my toe."

Beckham has the heart of a giant. He's earned the nickname "Candy Man" at Norton Children's Cancer Institute, affiliated with the UofL School of Medicine, because he always comes bearing gifts of candy for his nurses and doctors. He can tell you the favorite candy of each member of his care team.

"At night when we pray, he prays for all of his friends who have cancer, but never prays for himself," Erin said.

He and his family started "Beckham's Buddies," where they collect donated toys for other kids in the hospital. In July, he filled the hearts of many kids at Norton Children's Cancer Institute with a donation haul of new games and toys, as well as special notes of inspiration.

A cancer diagnosis coupled with a global pandemic has left Beckham isolated, as he can't risk exposure to any viruses that would wreak havoc on his compromised immune system.

"Outside of the hospital, he doesn't get to see any other kids except for his sister," Erin said. "The nurses and other patients are the most social interaction with friends he gets right now."

He had to drop out of kindergarten after his diagnosis. He's now doing five hours of school, virtually, each week. He can't wait to get back to school.



Beckham Goodale and sister, Sophia

"Being pulled out of school was really rough, but when he was diagnosed, Norton Children's child life team gave us a stuffed monkey to put in his classroom chair while he's out," Erin said.

The monkey tags along on class trips and in photos, which are shared with Beckham. It's a reminder that he's not been forgotten.

Beckham went into remission in April 2021 and has big plans for the future — like playing soccer again, hanging out with his friends, riding his bike and going to the zoo. He hopes to be back in school in January.

For now, Beckham's treatments continue to ensure his leukemia doesn't resurface.

The team at Norton Children's Cancer Institute, including Beckham's providers, nurses, social worker, psychologist and the community of other parents whose children have acute lymphoblastic leukemia, have helped the Goodales adjust to their new reality for the next few years.

"The type of leukemia Beckham has is very aggressive, which requires aggressive treatment. Hidden leukemia cells could send

him into a relapse, so we are doing everything we can to keep that from happening," said Ashok B. Raj, M.D., Beckham's hematologist/oncologist with Norton Children's Cancer Institute.

"He has been very brave through all of this," Erin said.

His brave spirit and generous heart will keep him thinking of others as he continues his fight.

—Erica Coghill

Expanding pediatric cancer research at Norton Children's

Hundreds of children like Beckham undergo treatment each year at Norton Children's Cancer Institute. Thanks to research that has led to new treatments, some pediatric cancers once considered incurable now have a survival rate of about 85%. The Evan Dunbar Pediatric Cancer Research Program looks to expand existing research and develop more ways to help children.

This is part of a \$20 million vision for Norton Children's Cancer Institute, which includes establishing new initiatives in cellular immunotherapy and precision medicine that will attract more highly trained clinician scientists to the community and bring new and transformative treatments to children with cancer.

Louisville philanthropist Tom Dunbar will provide up to \$1.5 million as part of this vision and will support two new pediatric cancer clinical research projects involving universal CAR-T cells to treat high-risk malignancies and radioimmunotherapy to target brain tumors.

The gift was announced in August at the Evan Dunbar Lectureship featuring well-known chair of the Children's Oncology Group, Douglas S. Hawkins, M.D., from the Center for Clinical and Translational Research at Seattle Children's Hospital, Washington.

To support the Evan Dunbar Pediatric Cancer Research Program, visit [HelpNortonChildrens.com](https://www.HelpNortonChildrens.com).



Festival of Trees & Lights benefits cancer care

This year's favorite holiday event is back at Louisville Slugger Field! From Nov. 12 to 14, come make holiday memories with your family as you marvel at hundreds of beautifully decorated trees, wreaths and décor — all for sale to raise funds for Norton Children's Cancer Institute. Photos with Santa, grab-and-go children's crafts, holiday entertainment and Hanukkah activities are included with admission. Festival favorites also will return this year, including a ride-on train, Sweet Shop and Very Merry Market. Learn more at [FestivalOfTreesAndLights.org](https://www.FestivalOfTreesAndLights.org).

Cherished heart surgeon retires after 32 years

Dr. Austin leaves a mark on patients, families and peers



Nick Bonura Photo

Erle H. Austin III, M.D.

Erle H. Austin III, M.D., cardiothoracic surgeon, joined the Norton Children's Hospital medical staff in 1989 as the only pediatric cardiothoracic surgeon. And after 32 years of saving hundreds of young lives — some with the most complex heart conditions — comforting families and being a mentor to colleagues, Dr. Austin traded in his stethoscope and surgery scrubs for relaxing days on the lake with his family and friends.

"During my tenure, I have had the honor of seeing this program grow to the solid program it is today," Dr. Austin said. "I'm proud of the team we have assembled and the remarkable care we provide patients and their families every day."

Pediatric cardiothoracic surgeon Bahaaldin Alsoufi, M.D., assumed leadership of Norton Children's Heart Institute, affiliated with the UofL School of Medicine, which now has more than 120 staff members, including colleague Deborah J. Kozik, D.O., also a pediatric cardiothoracic surgeon.

In addition to their medical expertise, they strive each day to deliver compassionate care.

"Compassion is a cornerstone for this team," Dr. Austin said. "Every person that comes in contact with a heart patient and their family demonstrates great compassion. From the environmental services person who makes a child smile while they are cleaning their room, to a respiratory therapist who makes laughter part of therapy, and to the incredible nurses who watch over the patients and their families morning, noon and night — everyone demonstrates such compassion. This is a team I am proud to have been a part of for the last three decades."

Many milestones were achieved under the leadership of Dr. Austin and his team, including more than 85 pediatric heart transplants (since 1986) and the opening of the Jennifer Lawrence Cardiac Intensive Care Unit, a 17-bed unit in Norton Children's Hospital featuring private rooms dedicated to children recovering from heart procedures, including open heart surgery, heart transplant, heart failure and other conditions requiring intensive care.

The Society of Thoracic Surgeons rated Norton Children's Heart Institute among the best in Ohio, Kentucky and Southern Indiana. The prestigious professional organization studied years of data covering our results and our ability to handle a range of pediatric heart conditions, including the most severe.

While Dr. Austin claims to have retired, he hasn't gone too far. He continues to consult on cases and share smiles with staff.

"It has been an honor to have Dr. Austin as a leader in pediatric heart services," said Emmett C. Ramser, chief administrative officer, Norton Children's Hospital. "We thank him for everything he has done and the mentorship he continues to provide."

—Lynne Choate



Jamie Rhodes Photo

Erle H. Austin III, M.D., is congratulated on his way to his last scheduled surgery.



Mike McKune Photo

Bahaaldin Alsoufi, M.D., Deborah J. Kozik, D.O., and Erle H. Austin III, M.D.

Honoring Dr. Austin's legacy

The Norton Children's Hospital Foundation, in partnership with the UofL School of Medicine, seeks to establish an endowed chair in Dr. Austin's name, to honor his lifetime of work in pediatric cardiovascular and thoracic surgery. The endowment will focus on advanced clinical care and research as well as pay tribute to Dr. Austin's life, work and legacy. To donate to the endowment, call the Norton Children's Hospital Foundation at **(502) 629-8060**.

Compassion is a cornerstone for this team. Every person that comes in contact with a heart patient and their family demonstrates great compassion. From the environmental services person who makes a child smile while they are cleaning their room, to a respiratory therapist who makes laughter part of therapy, and to the incredible nurses who watch over the patients and their families morning, noon and night — everyone demonstrates such compassion. This is a team I am proud to have been a part of for the last three decades."

—Erle H. Austin III, M.D.

Gifts to the Norton Children's Hospital Foundation help Norton Children's Hospital

The individuals in bold were recognized through tribute gifts to the Norton Children's Hospital Foundation from May 1 to Aug. 31, 2021.

Georgia Dale Cook Akin

Ann Durham
Frederica Gallagher
Lucy Keinsley
Crocetta Salomone

All the Nurses in the ICU

Jeff Douglas

Angel's Share

Anonymous

Michael Armstrong's Child

Anonymous

Asher, Ammi & Mom

Anonymous

Hailey Raeann Banks

Erica B. Osborne

Cathy Barr & Bud Ray

Matthew D. & Christi Pike

Anna-Maria Beck

Wolters Kluwer Financial Services

John A. Bensing Jr.

Suzanne M. Walker

Mary Dean Beyke

United for Recovery Inc.

Delonia "Donnie" Bloomer

Bonita S. DeWeese
Troy & Karrie Ihrie
Eric & Timi Lentz

Megan Boone

Justine A. O'Flynn

Parker Jeanine Broyles

Kevin Parrish

Bruce Dudley Burton

Mary Helen Burton

Virginia F. Burton

Albert J. Burton

Carleen "Sammie" Carver

Anonymous

Caroline & Elliott Case

Susan R. Osborne

LeEllen Frazier Clark

Glenn McClain

Sybil Comer

Chad Comer

Susanna A. Corcoran

James B. Purkhiser

Joseph A. Cotter III

Anonymous

Joseph Brentley "Brent"

Crawley

Ronald & Wetonna Bruce
Todd & Angie Hatton
Alexandria Panarelli

James Daily

John & Donna Butts
Carolyn J. Manecke
Michael & Melissa Payne

Jacob & Sarah Dearbon

Randall & Tama Stemle

Lisa Gay Delarosa

Norma J. Bonza

Tanner J. Demling

Anonymous

Cooper William Dill

Jennifer Calleja
Bethany Vanover

Lori Hale Doss

Nora Brashear
Donald & Lynn Dodds
Greg Dorris
Golfmart
Rick & Sheila Grogan
David & Karen Johnson
Travis & Angel Johnson
Jerry & Eileen Lutze
Mary Jo Rice
Rice Motor Co. – GM City
Craig & Sharon Shearer
Bradley & Allison Stieg

dow1258

John Powell

Duke

Elizabeth Murray

Lonnie D. Edwards

Rita Edwards

Drew Esposito

Robert Cataldo
Dave Greenfield
Anand Ponnappan

John Eubank

Wood Mackenzie Inc.

William Gillespie Evans

Drs. Ben & Jolynn Evans

Vincent Faller's 80th Birthday

Roserita Ott

Charles Whitaker Gant

Jennifer Robertson

Anderson Ginkins

Patrick & Karly Alvey
Jeremy & Lauren Boehlein
Shane Crone
Cody & Michelle Ginkins
Ryan & Chelsea Mull
Arthur & Amy Jo Niemeier

Susan Marie "Noel" Goldberg

Linda Elam

Gwen Goode

John & Tammie Bottoms
David & Elaine Kell
Mauney's Diesel Service Inc.
James & Kathy Smith

Nicole Grass

Jim & Sheila Grass

7 Great Grandchildren

Patricia Wrege

Alicia Hanna

Justine A. O'Flynn

Sean & Amanda Hans

Dina & Tim Hans

Murry Dow Harral

Wanda Page

Willie & Elizabeth Henderson

Sarah E. Henderson

Cheryl Hood

Dudley & Teresa Bottom
Stacey Jones

Tobias Hoover

Aaron & Martha Hoover

Wilbert Edward "Ed" Horsley

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Tributes make wonderful gifts for special occasions, such as:

- In recognition of someone's anniversary or marriage
- In honor of a birthday, promotion or other event
- In recognition of the birth of a baby

To make a tribute gift, return the envelope enclosed in this issue of Cart Wheels or visit HelpNortonChildrens.com. You also may contact the Norton Children's Hospital Foundation at (502) 629-8060.

Efforts have been made to include all tribute gifts. If a name was overlooked or printed incorrectly, please accept our apologies. You are invited to contact us to correct the error: Norton Children's Hospital Foundation, 234 E. Gray St., Suite 450, Louisville, KY 40202, (502) 629-8060 or foundations@nortonhealthcare.org.



A dashing good time!

Thanks to the more than 1,000 participants who came out to Louisville Waterfront Park for the seventh annual Splash 'n' Dash Walk/Run on Aug. 7, 2021. You helped us make a big splash toward our goal in support of patients at Norton Children's Hospital, raising over \$37,000! We are so grateful for the generosity of our volunteers, vendors, participants and sponsors who made this popular event possible. Mark your calendar for Saturday, Aug. 6, 2022! Visit SplashNDash5K.org to learn more.



Bourbon & Bowties returns

After a year off due to the pandemic, the much-anticipated 11th Bourbon & Bowties™, presented by Northwestern Mutual, took place on Aug. 26, 2021, at Fleur de Lis Farm in Prospect, Kentucky. The event honored 3-year-old Hazel Leggett, who has cystic fibrosis, and celebrated past honorees Charles Gant, Laurel Dortch, Maxwell Johnson, Owen McMasters, Anna-Maria Beck, Clara and Wilson McGarvey, Tanner Demling, Mason Christensen and Mya White, as well as the late chef Dean Corbett. Thanks to the support of our chef community, sponsors and guests, this year's event raised more than \$350,000. Save the date for next year's Bourbon & Bowties on Thursday, June 2.



No bones about it! This cookbook is a must-have

Looking for some new recipes to impress your family and friends this holiday season? How about a unique gift idea? We've got you covered! "Bone Appetit: The Norton Children's Hospital Auxiliary Cookbook" includes recipes that are guaranteed to satisfy your hungry bunch. The book includes 300 recipes from auxiliary members, Norton Healthcare employees, local restaurants, members of the Women's Club of the University of Louisville and others.

The cookbook is available for \$25 and proceeds support the Heel, Dog, Heal facility dog program at Norton Children's Hospital. Facility dogs help lower stress and create an environment that offers unconditional love and acceptance, along with motivation to help patients cope while in the hospital.

Purchase your copy at BoneAppetit.ItemOrder.com/sale.

Jamie Rhodes Photos

For more information on events listed below, call **(502) 629-8060** or visit HelpNortonChildrens.com.

	NOVEMBER	<p>Festival of Trees & Lights, Louisville Slugger Field. Visit a winter wonderland of trees, lights and holiday accents available for purchase to benefit Norton Children's Cancer Institute, affiliated with the UofL School of Medicine. Enjoy photos with Santa, grab-and-go children's crafts, a ride-on train, holiday entertainment, Hanukkah activities and more. Presented by Republic Bank. Visit FestivalOfTreesAndLights.org for details.</p>
<p>12 to 14</p>	DECEMBER	<p>Norton Children's Hospital Home & BMW Raffle open houses, every Friday through Sunday, 11 a.m. to 4 p.m. through Dec. 3, and Saturday, Dec. 4, noon to 3 p.m., 6340 Pond Lily St., Prospect, Kentucky. Tour a beautiful new home in Norton Commons valued at over \$750,000 that could be yours for just \$100. Only 15,000 chances will be sold. Purchase a raffle ticket and learn more at HomeAndBMWraffle.com.</p>
<p>Now to Dec. 4</p>		<p>Snow Ball, 6 p.m. to midnight, Omni Louisville Hotel. Enjoy this black-tie event with cocktail hour, silent auction, gourmet meal, live entertainment and dancing to raise funds for Norton Children's Cancer Institute. Presented by Konica Minolta. Visit NortonChildrensSnowBall.com to learn more.</p>
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Providing care that's "Just for Kids"

Norton Children's maintains an unwavering dedication to the children of our community and region by offering pediatric specialists at Norton Children's Hospital, Norton Women's & Children's Hospital, Norton Children's Medical Center and Norton Children's Medical Group pediatric practices throughout Kentucky and Southern Indiana. To learn more about our programs and services, visit NortonChildrens.com.

The Norton Children's Hospital Foundation raises funds exclusively for Norton Children's Hospital and its sister facilities, providing support for facilities, equipment, new technologies, clinical research, child advocacy and health education for patients, parents, physicians, staff members and the community. For more information about charitable contributions that help children, call **(502) 629-8060** or visit HelpNortonChildrens.com. To learn more about volunteer opportunities at Norton Children's Hospital, call **(502) 629-6122**.

Winter 2021-22

Cart Wheels

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