CartWheels

Spring 2018

How to get kids to eat better

Louisville's 'WONDER' GIRL

Norton Children's **new furry friends**

Brave Heart

Holding nothing back from life

Just for Kids℠

A publication of Norton Children's Hospital and Children's Hospital Foundation

CART WHEELS

CONTENTS

3 **Getting around construction at Norton Children's**

4 **What does it take to get kids to eat better?**

6 **Heads up, phones down!**
Spring pedestrian safety tips

7 **Holding nothing back from life**
Teen finds inspiration from a celebrity with local roots

10 **Louisville's own 'Wonder' girl**

12 **In my own words**
A family finds courage over childhood cancer

14 **Physician Spotlight**
Laughter may be the best medicine

15 **Donor Spotlight**
Making palliative care happen

16 **A man in motion**
College student triumphs over complex heart condition

17 **Norton Children's furry new employees**

18 **News and Notes**

20 **Tribute Gifts**

23 **Upcoming Events**

On the cover: Ella Beames at King's Archery, Louisville, Kentucky

Spring — a time of growth and resetting focus

After a long winter, it is a breath of fresh air to finally welcome spring — a time of growth both in the world around us and here at Norton Children's Hospital. After a year of celebrating the 125th birthday of Norton Children's Hospital, we watch with renewed energy as renovations take shape before our eyes. We are deep into our $78 million downtown hospital construction project, which will allow us to improve our patient- and family-centered model of care and offer more robust services.

You might notice a new face in the accompanying photo. It's my pleasure to introduce Jennifer C. Evans, M.D., MPH, system vice president of women's and pediatric services for Norton Healthcare. She is part of the team making decisions on the care and services coming with our construction project and throughout our Norton Children's locations. After many years of caring for women and babies at Norton Healthcare, Dr. Evans brings a fresh approach to ensuring our most vulnerable patients and their families have the high-quality, specialized care they need — close to home.

As I write this, our staff and volunteers are focused on prepping for our spring fundraising events that never disappoint — Chili's® Clip for Kids and Bourbon & Bowties. Chili's Clip for Kids — a family event benefiting the lifesaving work of Norton Children's Cancer Institute — is coming up May 20 at Fourth Street Live! Bourbon & Bowties will take place June 7 at a new location that we couldn't be more thrilled about: Fleur de Lis Farm in Prospect, Kentucky. Proceeds from this elegant night out also will benefit pediatric cancer care. And read on to learn about a big Snow Ball announcement!

We hope to see you at one of our events this year. If you can't make it, there are many other ways you can show your support for Norton Children's Hospital. We couldn't do it without you! On behalf of everyone at Norton Children's, thank you for your continued generosity in helping us fulfill our mission.

Lynnie Meyer, Ed.D., R.N., CFRE
Senior Vice President
Chief Development Officer
Norton Healthcare

BIG CHANGES are happening here!

How to get around construction at Norton Children's Hospital

Kids grow. Kids' needs grow. So we are growing, too! Last spring the hospital announced a $78.3 million project to expand family-centered care and services over the next four years.

One year into the project, and a lot of changes are happening. If you're going to be visiting soon, here's what you need to know to get around the hospital campus.

VISIBLE CHANGES

A new restaurant has opened offering healthy alternatives.

A 7,000-square-foot Randolph Scheen Family **Conference Center is now open** on the first floor.

The medical/surgical unit on the sixth floor is under major renovation that will wrap up at the end of 2018.

Construction on a four-story addition between the parking garage and the hospital has begun, creating some changes in parking and entering the building.

ENTERING NORTON CHILDREN'S HOSPITAL

ON FOOT

Use the Chestnut Street entrance or the elevator in the parking garage on Abraham Flexner Way to enter the hospital on the lower level.

BY CAR

The parking garage on Abraham Flexner Way is open. Use the garage elevator to enter the hospital on the lower level.

Additional parking garages are connected by pedway: the Norton Healthcare Pavilion garage at 634 S. Preston St. and the Norton Hospital garage at 200 E. Chestnut St.

Valet parking is available for $4 from 7 a.m. to 4:30 p.m. at the Children's Hospital Foundation Building at 601 S. Floyd Street. Use the sidewalk or pedways on the second floor to enter the hospital.

Raised van and oversized vehicles taller than 6 feet, 7 inches can use valet parking at the Children's Hospital Foundation Building, or call **(502) 629-3887** for assistance.

DROPPING OFF PATIENTS OR VISITORS

The drop-off location on the lower level along the ambulance lane is closed.

Drop off in front of the entrance on Chestnut Street or in the parking garage on the first floor near the elevator, then use the elevator to enter the hospital on the lower level.

NAVIGATING THE HOSPITAL

Units and services within the hospital are in flux to accommodate construction. **Look for temporary directional signs** to help guide you in the right direction.

Always check in at the welcome desk on the lower level. The attendant will help you find your way.

Don't visit if you're sick. You will complete a short health screening at the welcome desk before going into clinical areas.

STOP

CHECK OUT THE "PLAN YOUR VISIT" page on **NortonChildrens.com** for the latest construction updates and wayfinding information.

What does it take to get kids to eat better?

Cooking together may be the trick

"Just take one bite."

"Just try it."

If you're a parent, no doubt you've uttered those words. It usually doesn't work, yet we say it over and over in hopes that this time our kids will listen and discover that, in fact, a new food may be very tasty!

What does it take to make that happen and to get kids to eat healthy foods?

One way is to involve kids in the cooking process.

Last fall Norton Children's Prevention & Wellness offered a workshop to help families explore new recipes and discover healthy food options together. Sisters Mya and Kenzie, along with their mom and dad, attended. They prepared several quick and healthy meals and then tasted all of their creations.

Mya, a high school freshman, loves fruit but was hesitant to try new vegetables. Younger sister Kenzie, 13, is a veggie lover but was not enthusiastic about fruits.

In the time they spent together at the workshop, both sisters prepared meals using a variety of fruits and vegetables — Mya even added spinach to her quesadilla and liked it!

Why does this work? The kids were invested in the process. When they create something on their own, they are more likely to try it and like it.

Even their mom, Sara, was able to pick up a few tips and tricks during the cooking class.

"Up until my early 20s, I never had weight issues. As I got older, my metabolism changed. I developed hypothyroidism and eventually had to have my thyroid removed," Sara said. "All of those things have made it easy to gain weight and hard to lose."

After participating in the cooking class, Sara decided it was time to get focused and back on track.

"I don't want to be left sitting on the sidelines while my children enjoy life!" she said.

Sara started planning meals and lost 5 pounds in her first week. It gave her the motivation to keep going. Braving the holidays with her newfound skills, she is down 16 pounds and counting.

"Mya has been instrumental in helping me lose weight," Sara said. "She helps me with meal planning and preparing meals."

Kenzie has gotten in on the action too.

"Before the classes she had no desire or interest in cooking," Sara said. "Now she is cooking for herself and helping me when I'm cooking. It is empowering her to make decisions about her meal choices and preparing for her future."

–Jenita Lyons

Rachel Waters at Dean Lavenson Photography

Sara, Mya and Kenzie Smothers

Everyone's favorite strawberry banana smoothie recipe

- 10 ounces fresh strawberries, stems removed
- 2 ripe bananas
- 3 tablespoons honey
- 1 cup ice cubes
- 3/4 cup plain or vanilla yogurt

If you're feeling "strong to the finish," throw in a handful of fresh spinach. Blend together and enjoy!

Healthy Living Workshops

Thanks to a grant from Kohl's Cares, Norton Children's Prevention & Wellness is able to provide cooking classes and wellness workshops to families in our community.

Healthy living can be challenging. It's easier when you learn skills and work through it with other families who have the same struggles. Presented by Norton Children's Prevention & Wellness and YMCA of Greater Louisville, the Healthy Living Workshops are here to help!

This six-week series is designed to support families with teens in their journey toward healthy living. The workshops are free, but registration is required by calling **(502) 629-1234**.

Tuesdays, April 10 to May 15
5:30 to 7 p.m.
Shively Community Center
1902 Park Road
Louisville, Kentucky

The workshops will focus on:

- **Goal-setting for healthy habits**
- **Healthy meal planning and prep**
- **Fun ways to stay active, including free passes to the YMCA**
- **Tools to positively reduce stress**

Heads up, phones down!

Spring has sprung, and it's time to get out and get active after a long, cold winter. But first, here's a little tip: ***Turn off the phone!***

When it comes to walking and riding bikes, nearly 13 percent of middle-schoolers and 20 percent of high-schoolers are distracted by their phones or ear buds while outside.

Evie Pierce, a student at Kammerer Middle School in Louisville, is hoping to change that by getting the message out to "just turn it off!" She won a contest to create a public service message about distracted walking.

> "I wanted to make it dramatic and realistic so that teens would pay attention."
>
> *–Evie Pierce*

"Youth, and teens in particular, often are unaware of their surroundings and in imminent danger because of distractions," said Sharon Rengers with Norton Children's Prevention & Wellness. "Teen pedestrian injuries, unlike any other age group, have gone up 35 percent over the past several years."

Stay safe, keep others safe

- Wear light-colored or reflective clothing while outside.
- Turn the phone off and pay attention. You will always lose against a car, even if you have the right-of-way.
- Walk facing cars coming at you.
- Cross the street at corners and obey traffic signals.
- Adults: Turn off the phone or put it in "do not disturb" mode while driving. Be a role model for your kids.

Watch the 'Just Turn It Off' video

Last year the Safe Kids Louisville coalition, led by Norton Children's Hospital, participated in a national study on distracted pedestrians. Four Jefferson County Public Schools participated in the study. In response, Norton Children's challenged middle and high school students to create a short, entertaining video highlighting the importance of walking undistracted. The winning classroom and student received Amazon gift cards.

Watch Evie Pierce's winning video at **NortonChildrens.com/PhonesDown**.

HOLDING NOTHING BACK from *life*

Teen finds inspiration in 'The Hunger Games' character and Louisville's leading lady

Continued on next page »

Continued from previous page

Teen transforms adversity into awareness

Who can say that 15-year-old Ella Beames' impulse to make the most of every moment is any stronger than the next person's? Even Ella doesn't know for certain. All she knows is that it's been there since 2011, when she suffered the first of five sudden cardiac arrests that could have taken her life.

As Ella entered her third-grade classroom, she collapsed. Deborah Rivera, principal at Field Elementary School in Louisville, used CPR to revive the unresponsive 8-year-old.

Ella was immediately rushed to Norton Children's Hospital, where she was diagnosed and treated for hypertrophic-cardiomyopathy (HCM), a condition that causes the heart muscle to thicken, and, as in Ella's case, contributes to the increased likelihood of life-threatening arrhythmias.

Ella has transformed her heart challenge into an opportunity for gratitude — to observe life and to reflect on what's important.

"It's made me want to be an advocate for so many things that need funding and awareness," Ella said. "Without that, I probably wouldn't have been able to get the treatments I've had."

Ella's mother, Theresa, says the agony of seeing her only child suffer a serious illness is offset by an unexpected gift.

"I think we're fortunate to be in a space where we don't want to waste any time," Theresa Carpenter Beames said. "The real gift is our appreciation of the moment, the people with whom you spend your time and how you give of yourself when everything is threatened."

Clay Cook/Louis Tinsley Photo

Ella and Jennifer Lawrence

Clarity isn't the only benefit Ella has reaped from life with a heart condition. She has already met her heroine, Jennifer Lawrence, not once but twice. Through the Make-A-Wish Foundation, Ella first met Lawrence in 2014 when the Louisville native was filming scenes for the third and fourth installments of the "Hunger Games" series.

She later connected with Lawrence at the Frazier History Museum, where the actress was hosting a fundraiser to benefit her charitable foundation.

As a little girl, Ella found courage to deal with her illness through Katniss Everdeen — Lawrence's "Hunger Games" character. Adopting Everdeen's interests led Ella to try a sport that her doctors consider fair game despite her heart condition.

"When I started participating in archery, I realized how therapeutic it was," Ella said. "I felt like I could let my emotions go and put them into archery in a calmer way."

Now a teenager informed by a life-or-death experience, Ella takes her inspiration directly from the actress. Her only disappointment in meeting Lawrence is that she hasn't been able to adequately express her gratitude.

Rachel Waters at Dean Lawson Photography

Ella Beames, center, with her friends Alyssa Alvarez, left, and Gianna Gatti-Vice

"I really wanted to thank her in person for all she's done to change my life as a whole," Ella said. "She's such a generous, courageous and kind human being. She just mirrors what I want to be. If she reads this — well, there."

Ella is inspired by the pediatric heart specialists at Norton Children's Hospital who care for her.

"I think getting a medical degree may be a real option for me because I so admire the doctors and nurses who have made such an amazing difference in my life," she said.

"We are so incredibly lucky in Louisville to have Norton Children's Hospital as a premier health care resource for families," Theresa said. "We're there often and, at every point, every time, we trust that we will always get the top-level of care."

Ella regularly sees Joshua Sparks, M.D., pediatric cardiologist with Norton Children's Hospital and University of Louisville Physicians, for her ongoing heart care.

"Ella is extremely fortunate to be surrounded by people to help manage her underlying condition, starting with her parents, who are devoted, caring and thoughtful advocates for this terrific young lady," said Christopher L. Johnsrude, M.D., pediatric cardiologist/electrophysiologist with Norton Children's Hospital and UofL Physicians, who cared for Ella when she was initially diagnosed.

Dr. Johnsrude praised Ella's school principal, who recognized her first cardiac arrest and provided critical CPR.

"As part of Ella's medical team, we strive to support Ella and her family with compassionate expertise so she can pursue her big dreams of helping others," he said.

–Crystal Hammon

2018 Snow Ball gala will benefit Jennifer Lawrence Foundation CICU

Black-tie event will be held at new Omni Louisville Hotel

One of Louisville's most anticipated holiday events, the Snow Ball, benefits Norton Children's Hospital. This year, funds raised from the gala will go to the Jennifer Lawrence Cardiac Intensive Care Unit (CICU).

"This project is extremely important to the children in Kentucky and Southern Indiana," said Lynnie Meyer, Ed.D., R.N., CFRE, chief development officer, Norton Healthcare. "By supporting Norton Children's, we can give kids with heart conditions an even better chance."

The Jennifer Lawrence Foundation has been extremely generous in establishing the CICU. The foundation donated $2 million in 2016 to establish the Jennifer Lawrence Foundation Cardiac Intensive Care Unit. In addition, the foundation challenged the community to raise an additional $2 million to support construction of the unit.

The Jennifer Lawrence Foundation CICU will feature private rooms dedicated to children recovering from heart procedures; open heart surgery, including heart transplants; heart failure; and other conditions requiring intensive care.

The new 14-bed unit will offer space for families to stay with their children. It will be staffed by additional specialists with cardiac critical care training and experience, dedicated nursing staff and other professionals focused solely on heart care. Research has shown that a unit such as this can improve a child's recovery.

Norton Children's Hospital, working with specialists from University of Louisville Physicians, is home to the only pediatric heart failure and transplant program in Kentucky, offering services to children from the commonwealth, Southern Indiana and beyond. More than 5,000 children a year visit Norton Children's Heart Center for specialized heart care. The center performs more than 17,500 procedures annually that include open heart surgeries, catheterizations, electrophysiology and noninvasive tests such as echocardiograms. The center is part of a large renovation currently underway at the hospital.

Snow Ball tickets on sale June 15

The Snow Ball is presented by Konica Minolta and is part of the Festival of Trees & Lights presented by Republic Bank. It features a cocktail hour, silent auction, gourmet meal and dancing to the music of Galaxy in Louisville's newest hotel destination.

Saturday, Nov. 17, 2018
6 p.m. to midnight
Omni Louisville Hotel

Tickets are $5,000 for a corporate sponsor table of 10 or $450 each. Sponsorship opportunities are available. For more information or to buy tickets starting June 15, visit **HelpNortonChildrens.com**.

Movie 'Wonder' puts rare genetic condition in the national spotlight

Local girl with Treacher Collins shares her story

Victoria Dicken is no stranger to challenges. The 11-year-old girl from Louisville has Treacher Collins syndrome.

Treacher Collins syndrome is a rare genetic condition that affects the development of bones and other tissues in the face. Most people with the condition have underdeveloped facial bones, particularly cheekbones, and a very small jaw and chin.

"I've lost count of how many surgeries I've had," Victoria said. "At least 20."

Victoria was born without fully formed ears. She had no openings and extreme hearing loss. Mark Chariker, M.D., chief of plastic surgery at Norton Children's Hospital, and a team of specialists with Norton Children's Neurosurgery have performed dozens of operations to help shape her ears.

"It's a challenging condition to treat," Dr. Chariker said. "Treacher Collins not only can impact hearing, but also breathing and sight."

Dana Dicken, Victoria's mom, recalled when her daughter was diagnosed moments after she was born.

"As a parent in that situation, you just don't know what to do," she said. "You take it day by day, moment by moment."

> "There truly are no words for all the doctors, nurses and other medical personnel who have given Victoria the chance of a normal life."
>
> *–Dana Dicken*

Movie puts Treacher Collins in the spotlight

A rarely talked about disease, Treacher Collins syndrome became a topic of national conversation late last year when the movie "Wonder" starring Julia Roberts and Owen Wilson was released. The main character, played by Jacob Tremblay, has the condition.

Dr. Chariker treats only a couple of Treacher Collins patients — one in 50,000 babies are born with the condition — but sees hundreds of kids with other craniofacial deformities every year. He hopes the movie will get more people talking and create a better understanding of what his patients deal with.

"This helps open up an insight to what these children go through," he said. "They're quite inspirational in how they confront problems in life and day-to-day things we take for granted, such as our appearance."

On being 'different'

Victoria said she's used to people staring and asking questions, but she's not bothered. She plays basketball and soccer and has lots of friends. In fact, she and her class went to watch "Wonder" together.

"I'm fine with being different," she said. "Even if the times are hard you have to keep your head high."

Dana admits life has taken some unusual turns since Victoria's diagnosis, but she's grateful for everyone who has cared for her daughter.

"There truly are no words for all the doctors, nurses and other medical personnel who have given Victoria the chance of a normal life," she said. "Dr. Chariker is so talented and compassionate — we would not have gotten through the years without his support and caring ways. He's a true human being who obviously loves his job but probably does not realize just what a positive impact he has had on our family, especially with Victoria."

–Joe Hall

Norton Children's Neurosurgery

Norton Children's Neurosurgery, a part of Norton Neuroscience Institute, is a team of physicians and support staff ready to care for some of the most complex brain and spine conditions for children of all ages. As part of the Norton Children's system, the neurosurgery team partners with plastic surgery, orthopedics, neurology, oncology and other specialties to provide customized care tailored to the individual needs of each child, teen or young adult.

Call **(502) 583-1697** to connect with Norton Children's Neurosurgery.

Victoria Dicken, bottom center, with her sisters and friends

Rachel Waters at Dean Lawerson Photography

In my own words

Dion, Matthew and Angela Walker

A family rises above the numbers to find courage

Thirty months ago, our family woke up one Sunday morning and went swimming with our seemingly healthy 12-year-old son. Little did we know when we left our house that morning, Matthew wouldn't return home for two weeks.

From the pool he went straight to the emergency room at Fort Knox after a baseball-size lump appeared out of nowhere on his neck while he was swimming.

We were transferred by ambulance to Norton Children's Hospital and admitted to 7 West, the cancer unit, for a possible cancer diagnosis.

Seeing the words "Addison Jo Blair Cancer Care Center" for the first time as you step off the elevator on the seventh floor is a gut punch. In that moment it just became real. You can't think clearly. You can't breathe.

The following morning, Matthew was officially diagnosed with T-cell acute lymphoblastic leukemia.

The journey has been an incredible roller coaster of highs and lows, happiness and sadness.

Matthew has experienced the highs of having great blood counts and the happiness of making incredible friends with nurses, doctors, fellow warriors and their families — whom we now call family. He also felt the incredible joy of hearing the words, "You're in remission."

On the other hand, Matthew experienced the lows of the physical effects of chemotherapy, the heartbreaking pain of losing fellow warriors to this fight and of being told the news exactly one year later that he had relapsed.

Then once more, we experienced the absolute high of finding an anonymous donor match for a bone marrow transplant and hearing the words again, "Matthew, you're in remission."

The fight against pediatric cancer is all about numbers for us. Daily numbers for his complete blood count, white blood cell count, absolute neutrophil count, medication dosages, dates and times for appointments — the list goes on. Matthew's numbers concerning his fight are astounding.

This journey has been hard, but the amazing outpouring of support, love and compassion from family, friends, charitable organizations and Norton Children's Hospital has uplifted our family through it all. They are the core of "TeamMatthew."

Today we are celebrating 12 months of remission after a successful bone marrow transplant. Our journey — with its progress, setbacks and ultimate victory — also is theirs: "TeamMatthew."

We never fight alone.

–Dion Walker Sr.

Chili's® Clip for Kids

Join TeamMatthew and other courageous kids to put an end to childhood cancer

Matthew Walker is the 2018 Chili's Clip for Kids honoree! Chili's Clip for Kids is an annual family event that raises funds for children receiving care for childhood cancer or blood disorders at Norton Children's Hospital.

Norton Children's Cancer Institute, affiliated with the University of Louisville, combines the resources of University of Louisville Physicians and the Addison Jo Blair Cancer Care Center at Norton Children's Hospital. As a Children's Oncology Group partner, Norton Children's Cancer Institute is able to provide the latest in clinical trials and offer advanced cancer care, all while providing a strong support network for families. Many families who come for care call the 7 West unit their home while their child fights cancer or a blood disorder.

Dollars raised from Chili's Clip for Kids through the Children's Hospital Foundation will help fund facilities, equipment, staff, patient and family financial assistance, research and support programming.

For kids fighting cancer, losing their hair is just one part of their journey. Now's your chance to clip, trim or shave your hair in solidarity and raise funds that stay right here in our own community. Register at **ClipForKids.org**.

Chili's Clip for Kids
Sunday, May 20 • 2 p.m.
Fourth Street Live!

Matthew's cancer journey by the numbers

As of Feb. 1, 2018

Months in treatment: **30** (and counting)

Days spent in hospital: **231**

487 DOSES of chemotherapy

Blood/platelet transfusions: **46**

29 lumbar spine punctures

Days spent in intensive care: **17**

17 SCANS

Bone marrow aspirates: **10**

Total body irradiation sessions: **10**

7 SURGERIES | Emergency department visits: **7**

Feeding tubes: **3** | Remissions: **2**

Almost lost life from complications: 2

1 Bone marrow transplant: **1**

relapse | Graft-versus-host disease: **1**

Needle sticks, pokes, etc.: **too many to count**

Total treatment cost: **$2,419,510.61** (and rising)

Acts of **courage**: countless

Finding laughter during serious times

A favorite cancer doctor opens up

Ashok B. Raj, M.D., second from right, with the Walker family at the Louisville Zoo

If you were to meet Ashok B. Raj, M.D., on the street, you would likely see a quiet and soft-spoken guy. But when you get him around his patients, it's a very different story.

"Dr. Raj is awesome," said Matthew Walker, 14, who was diagnosed with leukemia at age 12 and is featured on the previous page. "He looks so serious, but he's really, really funny. He always is cracking jokes."

Dr. Raj is division chief of hematology/oncology for the University of Louisville Department of Pediatrics and service line chief at Norton Children's Cancer Institute, affiliated with the University of Louisville. He cares for kids with many types of cancers and blood disorders.

"Treatments have come so far since I started working in this field more than 20 years ago," Dr. Raj said. "We're saving more lives than ever before."

But even with the advancements in medicine, cancer's physical and emotional effects can be devastating. That's why Dr. Raj is always equipped with his years of expertise — and his humor.

"No family wants to be in this situation, so in addition to providing treatment, I want to bring smiles to patients' faces whenever I can," he said. "There's the old adage that 'laughter is the best medicine,' which has some truth to it."

> "It is easy to smile when life rolls along like a sweet song, but worthy are these children who are able to keep their smile and be joyful when things in their life have gone so wrong."
>
> *–Ashok B. Raj, M.D.*

'Every step of the way'

Former cancer patients and their families recently reunited with Dr. Raj and other doctors and nurses at a Norton Children's Cancer Institute event at the Louisville Zoo to celebrate survivors and advancements in care. While there was lots of laughter, Dr. Raj delivered a very serious message.

"We want to see more happy stories, but we still have much more work to do," he said. "The fact is dozens of kids are diagnosed with cancer and blood disorders every day and we need to continue to fight and bring awareness."

Matthew is now in remission. He and his parents are very complimentary of the care they've received at Norton Children's.

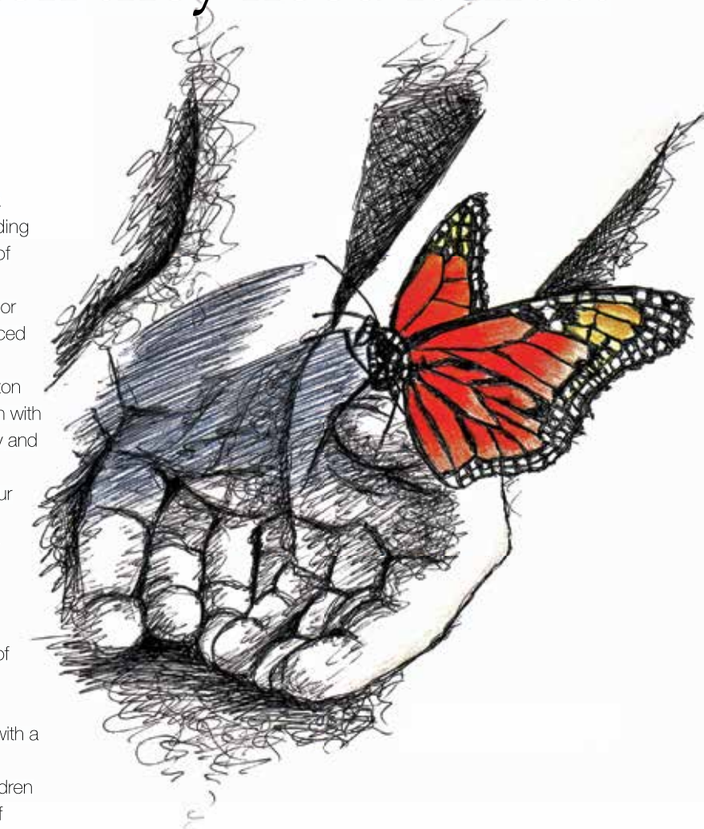
"Thumbs-up incredible," said Dion Walker, Matthew's dad. "Dr. Raj and the entire staff have become like family. They've been with us every step of the way."

And that certainly gives Dr. Raj something to smile about.

–Joe Hall

Caring for families when they need it most

Local business is helping ensure the sickest kids have comfort and care



A life-threatening or life-changing illness is not "normal" for a child. It presents unique challenges on many levels, including quality of life. That's where palliative care comes in — a type of care you may not know about until it's needed.

Palliative care addresses the physical needs of a child and his or her family, along with their emotional and spiritual needs, when faced with a very serious health condition.

The Hearts & Hands Care Team provides palliative care at Norton Children's Hospital. They focus on managing illness in conjunction with a child's other medical treatments, along with educating the family and helping the child cope.

"We help the family understand and prepare for what may occur during a child's illness," said Mary Lynne Shackelford, director of patient care services at Norton Children's Hospital. "We also offer support and guidance for the family and medical team in making difficult or complex treatment decisions."

A big part of what they do also focuses on making the child comfortable by providing symptom and pain relief, an extra layer of support on top of medical care.

"The role of palliative care is to support the child and his or her family throughout their journey, whether it's seeking a cure, living with a chronic illness or end-of-life care," Shackelford said.

The Hearts & Hands Care Team is able to bring comfort to children and families thanks to ongoing gifts from the Bluegrass chapter of Enterprise Holdings as well as the EHI Foundation, the philanthropic arm of Enterprise Rent-A-Car. The local chapter, combined with the foundation, has given more than $75,000 since 2016 to palliative care, along with gifts to other areas of the hospital. The majority of those funds come from an annual golf tournament and customer giving.

How you can help

The Children's Hospital Foundation offers many ways to show your support. Learn how by calling **(502) 629-8060** or go to **HelpNortonChildrens.com**.

The story behind Enterprise's gift

Enterprise gives to charitable causes that are actively supported by their employees, spouses and customers in the communities it serves. Why palliative care?

"The Kentucky Bluegrass group has been a supporter of the hospital for 12 years," said Brandee Couvillion with Enterprise in Louisville. "We believe palliative care addresses a need that many people do not think about until something serious happens. It's a time when family-centered care is desperately needed."

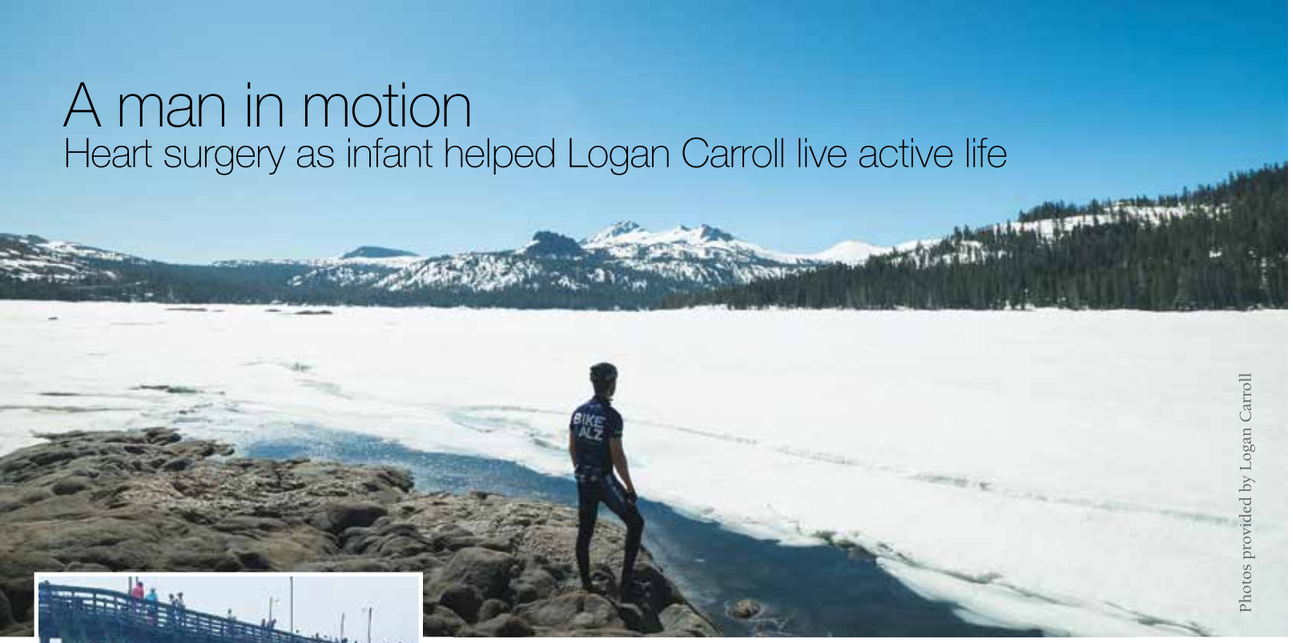
Couvillion has toured the hospital and met the palliative caregivers.

"I know what a great job they are doing — providing strength and resources that can help relieve stress," she said. "We are so happy to help and hope we will always be there for them when they need us."

–Jennifer Reynolds

A man in motion

Heart surgery as infant helped Logan Carroll live active life



Photos provided by Logan Carroll

Logan Carroll

Logan Carroll is a young man on the move. He's a distance runner, camper, hiker and typical energetic student at Western Kentucky University. Oh, he also has biked 3,600 miles across the United States.

"I definitely feel like a normal 21-year-old kid," Carroll said. However, taking into account his medical history, "normal" seems like an understatement.

Carroll was born with a congenital heart defect called transposition of the great vessels (TGV), according to James W. Boone, M.D., pediatric cardiologist with Pediatric HeartCare Partners. Carroll has been under Dr. Boone's care since he was a baby.

TGV is a condition that in previous generations gave newborns little chance of survival. But thanks to an arterial switch surgical procedure, babies born with this heart defect can get a chance at life.

Erle H. Austin, M.D., pediatric cardiovascular surgeon with Norton Children's Hospital and University of Louisville Physicians, performed the procedure on Carroll when he was just a few days old, moving the key blood vessels in his heart.

This early intervention, and Carroll's vigilant care over the years, helped him grow into the active young man he is today.

"As a person who 21 years ago was given this great chance to live a good life, I feel like it's important to give back," Carroll said. "It has also really helped me live my life in the best way I can."

In 2017, Carroll spent his summer biking 3,600 miles across the United States with his Phi Gamma Delta fraternity brothers to raise money for Alzheimer's research.

In addition, he serves as sponsorship chair for Dance Big Red, a WKU student-led fundraiser that benefits Norton Children's Hospital. The event allows Carroll to connect with other kids and families with similar histories.

–Amy Higgs

Support Logan Carroll and Dance Big Red

Dance Big Red is a student-led fundraising event benefiting Norton Children's Hospital. Western Kentucky University students will dance for 12 hours on March 23 in return for monetary pledges. It's not too late to pledge to Carroll or another individual or team at **DanceBigRed.com**.

Learn more

Watch a video of Logan Carroll sharing at **NortonChildrens.com/GetHealthyFamilies**.

Meet Norton Children's FURRY NEW EMPLOYEES

Introducing full-time pet therapy program

Holly, Mira and Rosa don't greet patients with a handshake or a hello, but there is a lot of tail wagging. And they create beaming smiles from everyone they meet. The trio are Norton Children's first full-time therapy dogs.

"We've had outside therapy dogs for kids for years, but these three are our first full-time employees," said Heather Stohr, manager of child life therapy at Norton Children's Hospital. "They're helping patients 40 hours a week."

Research shows that having full-time therapy dogs has many benefits for patients and families. Sometimes it's providing emotional comfort by laying at the foot of a child's hospital bed or sitting by their side before a procedure. Other times they're helping with physical recovery by encouraging kids to get out of bed, walk and play.

"Being in a hospital is scary, and therapy dogs not only offer comfort but provide kids an outlet to verbalize their fears," Stohr said. "You'd be amazed by the things children tell dogs that they won't say to adults. They reduce anxiety, which helps patients recover faster."

There's something else that bonds Holly, Mira and Rosa to their patients. The dogs have gone through tough times, too. A little more than a year ago, all three were in local shelters, desperately wanting a home and a family to love them. They were identified as potential therapy dogs and have gone through extensive training together. Now, each lives with its own child life therapist and gets love from hundreds of people every week.

"It's been an amazing experience," said Elizabeth Walton, child life therapist and Holly's handler. "At the beginning of training, Holly was shy. Now she's a social butterfly."

While the main focus is on patients, the dogs also bring lots of smiles from staff. That too provides tremendous benefits.

"Studies show that full-time therapy dogs help employees cope with the high stress that comes with working in a hospital," Stohr said. "This leads to better productivity, which improves patient care."

After completing the first year of the program, Norton Children's will consider adding more full-time furry staff. But for now, Holly, Mira and Rosa will continue to steal the show.

"They're an amazing addition to the Norton family," Stohr said.

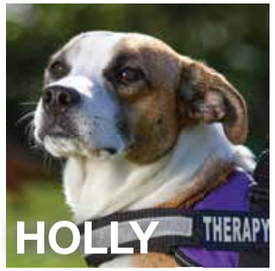
–Joe Hall

Making pet therapy possible

A generous gift from the Independent Pilots Association (IPA) Foundation established the pet therapy program, with support from the Sam Swope Family Foundation and Dunbar Foundation. The IPA Foundation is dedicated to making life-changing differences for children with exceptional medical requirements. It is funded solely from donations received through its membership.

Rachel Waters at Dean Lavenson Photography

Mira and her handler, child life therapist Leigh Jolley, with a patient at Norton Children's Medical Center



Works at Norton Children's Hospital

Favorite TV show: Paw Patrol

Favorite food: Pepperoni

Favorite sports team: Alabama Crimson Tide

Favorite song: Hakuna Matata

Works at Norton Children's Medical Center

Favorite movie: Secret Life of Pets

Favorite book: Bad Kitty series

Hobbies: Destroying toys, playing tug-of-war

Special talent: Jumping super-high

Works at Norton Women's & Children's Hospital

Favorite pastime: Snuggling and giving kisses

Favorite toy: Nylabone and fluffy squirrel

Favorite treat: Ice cubes

Special talent: Dancing

Jamie Rhodes Photos

Susan Barrios of Prospect, Kentucky

The Norton Commons raffle home

Congratulations to our 2017 Home & BMW Raffle winners!

Susan Barrios of Prospect, Kentucky, was the lucky winner of the Norton Commons home, built by Ramage Company. She and her family have supported the Children's Hospital Foundation by purchasing Home & BMW Raffle tickets for the past seven years.

The runner-up, Debbie Waiz of Sellersburg, Indiana, won the 2017 BMW 2 Series convertible from BMW of Louisville.

We also congratulate the winners of our three early bird prizes: Barbara Bernard of Leitchfield, Kentucky, won groceries for a year from Walmart; Bonnie Johnson of Mortons Gap, Kentucky, won a curved 4K LED smart TV; and Dustin Ginn of Lexington, Kentucky, won gas for a year.

Winners were drawn on Nov. 18, 2017. The raffle is part of the annual Festival of Trees & Lights, which includes the namesake weekend festival at Louisville Slugger Field, as well as the Snow Ball gala and Norton Children's Hospital Radiothon. The 2017 Festival of Trees & Lights events netted over $1.1 million to benefit our tiniest patients in the neonatal intensive care unit (NICU) at Norton Children's Hospital. Thanks to everyone who supported the Norton Children's Hospital NICU by purchasing a raffle ticket or attending an event during this record-breaking year!

Look for details about the 2018 raffle this summer!

Volunteers needed in our gift shops and hospitals

Each of Norton Healthcare's gift shops provides a wide variety of quality merchandise to hospital patients, visitors, volunteers and employees. The shops are staffed by dedicated volunteers who operate cash registers, stock merchandise and assist in sales, which may include inflating balloons and bringing smiles to customers' faces. Excellent people skills are required.

The hospitals also are always in need of volunteers in other areas. If you are looking for a way to give back and touch lives, we have an opportunity for you. You do not need any special skills and we will provide training.

For more information on volunteering, visit **HelpNortonChildrens.com** or call the Children's Hospital Foundation at **(502) 629-8060**.

Give to childhood cancer research when you file your taxes

Kentuckians can support the Pediatric Cancer Research Trust Fund when they file their taxes! Use a special check-off option to donate a portion of your Kentucky state income tax refund during the filing process. Tax refund contributions to the trust fund are used to advance promising Kentucky programs that promote pediatric cancer research and treatment, including programs at Norton Children's Cancer Institute.

Now in its third year, the fund awarded its first grant of $14,000 last year to Norton Children's Cancer Institute for brain tumor research.

Look for the option to donate when you file your 2017 Kentucky tax return.

Plenty of ways to get involved this year

Looking for a way to show your support for Norton Children's? Find our 2018 involvement opportunities booklet at **HelpNortonChildrens.com**. From events to sponsorships to unique ways to give, this comprehensive booklet has a philanthropic option for everyone in your family.

You'll also find an array of youth giving opportunities. From birthday party donations to joining the Teen Board, there are many unique ways youth, teens and young adults can get involved and support Norton Children's. Find out more at **NortonChildrens.com/Youth-Giving**.

CART WHEELS
TRIBUTE GIFTS

Gifts to the Children's Hospital Foundation help Norton Children's Hospital

The following individuals in bold were recognized through tribute gifts to the Children's Hospital Foundation from Sept. 1 to Dec. 31, 2017.

Paige Madison Abney
Buddy & Pat Foster
Roger A. Frizzell
Kenneth E. Green, M.D.
Joell & Theresia Hartley
Charles & Rebecca Heck
Patrick R. & Carol Lee Heffley
Geraldine & Joseph L. Jarboe Sr.
John Kenyon American Eye Institute
Perry & Colleen Lewis
Owensboro Family Eye Care
Bruce Raley
Patricia Williams

David Adamkin, M.D.
Stephen K. & Denise Vaught

Sandy Agee
John & Sarah Quilici

Holt Alexander
Jennifer Archibald
Jenna Brayton
Deanna Catlett

Samuel Lee Alvey
Thomas E. & Stacey S. Herp

Jonathan Armstrong
Mr. & Mrs. Daniel B. Thurman

Margaret Johnson Barch
Gary Barch

Linville Ray Bargo
Glen & Rosalie Bargo
Scott & Tina Bird
Thomas & Juanita Bradley
Rodney & Kim Coles
Paul Michels & Sons Inc.
Harvey & Pam Workman

Olivia Renee Barr
Donald & Linda Linder

Ernest C. Bauer
Christopher Dickson
Judy Mattingly

Rose Marie "Sissy" Bauer
Christopher Dickson
Louisville Eye Center

Abrayah Benzick
Barbara L. Sabak

Dominic J. Bergamini
Charles J. & Annette E. Bergamini
Mr. & Mrs. Frank G. Bergamini
Mr. & Mrs. George B. Boehnlein
Julee Gruneisen
Michael & Martha Hartman
John & Janice Meyer
Michael & Barbara Stewart
Judy Thomas
Thomas C. & Anna L. Waskevich

Mabel Berry
Mr. & Mrs. Wade Barton

Dr. Salvatore J. Bertolone, M.D.
Deanna L. Hipwell

Brian Bientz
Angela Rowe

Dalton Blake
Brian Holcomb

Blair Elizabeth Bland
Patricia Greenwood

Blindmonkey41
Anonymous

Kaylee Lynn Boone
James & Ashley Givens

Bourbon & Bowties
Aaron & Kristen Spalding

Lana & Keylee Bowen
Vicki Pirtle

Diane K. Brink
Tommy Drake

Dalton Bucy
Georgia Keel

Susan Burgess
John H. & Jenelle Burgess

Edward Leon Burns
Anne & R. W. Oliver

Bruce D. Burton
Mrs. Bruce D. Burton

Virginia F. Burton
Albert J. Burton

Jade Cain
Paducah Jazzercise Center

Louis DeVaughn "Devon" Cannon
Tommy Drake

James B. Carroll
Patricia A. Carroll

Lauren, Brianne, Noah, Charlotte, Claire, Benjamin & Cal Cecil
Ben J. & Janet L. Cecil

Elsie Mae Cecil
Mr. & Mrs. Wade Barton

Brystol Renae Childress
William & Alice Carter
Travis & Rae Childress
Denise Davis
Shirley Jaggers
Steven & Florence Meredith
Jeremy & Renee Porter
Stacey L. Powell
Robert & Misty Vincent

Joe & Denise Clan
Barbara Jones

Donna Corine Clements
Sheila A. Stoke

Beau Coin
Michael Clark

Logan Collins
Kentucky Council on Crime & Delinquency

Vada Combs
Dianna F. & Roger D. Warren

Susanna A. Corcoran
James B. Purkhiser

Miles Nathaniel Cummins
Mary Cummins

Donald Earl Curry Sr.
William & Margaret Gorbandt

Eugenia A. D'Elia
John C. D'Elia

Paula Irene DeLawter
Melissa Woodson

Bobby Dorris
Brenda S. Dorris

Dennis Douthitt
Preston & Joyce Douthitt

Tom Drennan
Anne & R. W. Oliver

Justin Grant Drexler
Anne E. & Thomas M. Drexler

John Drumm
Carman Industries Inc.

Paul Allen Durbin
Kevin D. Durbin

Mark Dyer
Dianna F. & Roger D. Warren

Heather A. Edington
Thomas A. Schlindwein

Seth & Brittany Edwards
Virginia Kidd Walker

Coral Ehret
Mr. & Mrs. James A. Evans

Skylar Lisette Elliott
Teri Hanny

Mike Farmer
Louisville Properties

Paul & Linda Fauri
Prentice A. Harvey

Claire Feller
Steven & Suzanne Feller

Doris Jean Fields
Mr. & Mrs. Wade Barton

Jacob Fields
Mr. & Mrs. Charles L. Ball

John Thomas Fleming II
Mr. & Mrs. Wade Barton

Rowan Franklin
Stephanie Franklin

Elliot Steven French
Kenneth & Jennifer F. Hayden

Ra'Tonya M. Friedman
Richard S. & Mary Bert Wolf

Kyle Fritsche
Jimmie & Sheryll Ragland

Phyllis Fyffe
Rita Thomas

Dr. Amy Garlove
Robert F. Hayes

Lewis Garrison
Mary Bain
Nealia Baker
William & Doris Baker
Larry R. & Sheila P. Bryant
Stephen & Jacqueline Burton
Maurice & Juanita Cheatham
Jason & Jennifer Corbin
Briann Eastridge
Dan W. Ellis
J.D. & Phyllis Firquin
Linda Hutchison
Patsy Jenkins
Steve & Tammy Jenkins
Daniel & Tamara Keen
Billy & Sondra Keltner
Brenda Mann
Louis & Brenda McQueary
Joann Montgomery
Henry & Joan Morgan
Harrison & Shirley Moss
Barry L. Myers
Richard & Mary Beth Phelps
Arthur C. & Linda Phipps
Randall D. & Joyce Pyles
Patricia Troutman
Walker Realty Co.
Stan & Debbie Williams
Ricky G. & Sandra J. Wilson

Patrick J. Gerlach Jr.
Ronald Gerlach

Mrs. Gill
Mr. & Mrs. Wade Barton

Jennifer Ginn
Joe K. & Frankie Saltsman

Martha Glazebrook
Mr. & Mrs. Duane Goffinet

Cody Scott Glover
Garden Green Baptist Church
Brock Jamison
Paul & Kim Riener
Rosenstein Family Holdings

Chaska Gomez
Anita Ellerbe

Helen Whitsell Gough
Mark & Kellie Carter
Robert R. & Carol A. Goodin
Kim J. & Terry R. Hagerman
Edward & Patricia Jenkins
Kentucky Derby Museum
Stephen & Vonda Lincoln
Helena & Sidney Schulz
Gary L. & Cheryl Stewart
Alan & Kim Stroble
Dr. & Mrs. James L. Sublett
Richard S. & Mary Bert Wolf

Ken Gould
Keith & Elizabeth Stucker

Jane Carol Gatton Grant
Jacob Brown
Marcy Carlson
Misty Jones
Mary Frances Liebertt
Michael Sugimura
Jerry & Lori Weber

Maureen "Moe" Gray
George A. Lamb

Jim D. Green
Anne & R. W. Oliver

Emma Gurtz
Anonymous

Addison L. Gyllin
John S. & Lucy A. Moran

William Atkins Haley, M.D.
Glenn McClain

Blair Halsell
John & Melissa Halsell

Mary Helen Hamilton
Chris A. Hamilton

Jim Earl Hammons
Mr. & Mrs. Wade Barton

Brie Haner
Lynn E. Haner

Sean & Amanda Hans
Dina Hans

Camille Hartlage
Mark M. & Leslie S. Hartlage

Bill Hatfield
Dianna F. & Roger D. Warren

Shannon Lynn Hay
Stanley P. & Beverly H. Hay

Todd Hayes
Mallory Johnson

Maura Hazard
Patrick Lally

Stephanie Heacock
Lee P. Heacock

James L. & Norma C. Heck
James Heck

Deborah Heil
Robert & Michelle Heil

Martin Frederick "Ted" Hellinger Jr.
Carol J. Hellinger

Matthew T. Henon
Joseph E. & Mayme A. Downs
Mary Guffey

Norm & Shannon Heubner
Mary Suzanne Boone

Norma & Sheree Hobdy
Jimmie D. Hobdy

Kelsey Love Holmes
Cheryl J. Frey

LaTisha Marie Houston
Terry & Dianne Houston

Ethan Huff
Doug & Kelly Finlay

Braddock Inman
Anonymous
David & Sarah Arnett
Richard & Karen Bonn
Mike & Lisa Buckman
John & Nancy Inman
John & Tracy Inman
Matthew & Monica Inman
Ryan Inman
Bradley & Kimberly Jones
Mr. & Mrs. Harry L. Prentice Jr.
Preston Chiropractic & Rehabilitation LLC
Keith & Gail Tassin
David & Lori Thomas
Lynne Trotter

Levi Patrick Jennings
E. Thompson & Rhoda A. Bullock

Christopher Grant Johnson
Erwin C. & Joyce W. Schoch

Frank L. Jones Sr.
Helen S. Jones

Madison Jones
Kimberly Jones

Nicholas Clayton Jones
Tony Jones

Timothy Richard Keenan
Marty Dominik
Holly Fields
Fred & Tracie Moritz

R. J. Kem
Anne & R. W. Oliver

J. W. & Patricia Kemper
Francesca Kemper

Abby Kiefer
Addison Davis

Lorelei June Kirkman
Ronald & Norma Yost

Glenn Knight
Robert & Lisa Kern
Doris B. Kern
Robert E. Kern Sr.

Knox & Lynnex Korte
Andrew & Angela Korte

Barbara Kreines
Richard S. & Mary Bert Wolf

Campbell Kremer
Anonymous (2)

Barbara "Bobbie" Frentz Kurson
Leslie Buddeke & John L. Smart

Zachary Daniel Langdon
Kathy M. & Gary R. McCarty

Kylie Noelle Leffler
Mr. & Mrs. Rodney Leffler

Courtney B. Limberg
Gale Limberg

Brooke Little & David Adamkin, M.D.
Phyllis Myers

Nick Logsdon
Brittany Cook

Ann Lorimer
Margaret C. Lorimer

Margaret Lorimer
Ann Lorimer

Tyler Robert Mason
Dennis Amos
Keith & Judy Kaye Brown
Richard Chilton
Contemporary Galleries of Kentucky Inc.
Timothy & Laura Jones
Donna Knies
Fabian & Joan Lipp
Carolyn Mayfield
Thomas & Kathleen Miles
Robert Oditt
Ted & June Pearce
Susan M. Ryan Bisig
Jan M. Stenftenagel
Kimmerly Tate

Eleanor Massa McKinley
William G. & Laura M. Holst
Ryan & Lilly Massa McKinley
Scott D. & Cindy M. McKinley
Sean D. McKinley

Norma Mattingly
Christine Antonoplos
Battelle Always Giving

MawMaw
Jacob L. Johnson & Meizi Li

Debbie McAfee
William A. McAfee

Samuel E. McGuffin
Samuel E. & Karin H. McGuffin

Owen Frederick McMasters
Joseph F. Conte
Karen L. Keith
James E. Smith

Patricia Kay Wood McNeil
Ronald & Norma Yost

Esther B. McNerney
Riordan W. McNerney
Tom & Janie Scovil

Dottie Meyer
John & Eve G. Herzfeld

Alexander James Michaud
Frank C. & Jo Ann Carlisle

Molly Maid of Greater Lexington
Ronald & Norma Yost

Kelly Mount
Terry & Anne Sams

William F. & Kevin Mullally
Michael L. Neel

Montena Fay Murrey
Mr. & Mrs. Wade Barton

Mr. & Mrs. Bill Myers
Mr. & Mrs. Wade Barton

Mary Carman Nafrady
Kenneth & Evelyn Samsal
Henry & Ramona Strohmeyer
George E. & Delores B. Tichenor

Charity Faith Newton
Terry W. & Stacy Trowbridge

Jace Newton
Terry W. & Stacy Trowbridge

Wayne "Doc" Nichols
Mr. & Mrs. Wade Barton

Tributes make wonderful gifts for special occasions, such as:

- In recognition of someone's anniversary or marriage
- In honor of a birthday, promotion or other event
- In recognition of the birth of a baby

To make a tribute gift, return the envelope enclosed in this issue of Cart Wheels or visit **HelpNortonChildrens.com**. You also may contact the Children's Hospital Foundation at **(502) 629-8060**.

Efforts have been made to include all tribute gifts. If a name was overlooked or printed incorrectly, please accept our apologies. You are invited to contact us to correct the error: Children's Hospital Foundation, 234 E. Gray St., Suite 450, Louisville, KY 40202, (502) 629-8060 or foundations@nortonhealthcare.org.

Gifts to the Children's Hospital Foundation help Norton Children's Hospital

Paul Samuel Osborne
Jim B. Gaylord

The Paschal Family
Helen Paschal Estate

Wayne & Virginia Pearson
David E. & Glenda P. Beals

Lynn Pereira
Dylan & Andrea Murphy
Audrey R. Robinson

William Pfeiffer
Connie Hayse

Robert Kenneth & Ryan Timothy Picklesimer
Rebecca & Robert G. Picklesimer

William L. "Bill" Pierson
Richard & Marilyn Cox
William P. & Shirley A. Friedrich

Cheryl Plain
John C. & Lee Hancock
Erich & Joanna Marks

Kyle Pratt
Sue C. & Elmer I. Young

Stella Rose Prewitt
Pauline P. Burgin
Jeff Reed

James T. Pruitt
Rhonda Spears

E. E. Purkhiser & Agnes U. Purkhiser
James B. Purkhiser

Callee Quire
Mr. & Mrs. Brandon Quire

Jacob Ray
Lori A. & Caloia

Pat, Ed & Ethel Read
Thomas E. Read

Kedrend Reev
Florence Allen

K. J. Richerson
Shirley Matney

Joseph "Steve" Riggs
John & Denise Buschermohle
Robert Cunagin
Hall Contracting of Kentucky Inc.
James & Dorothy Hughes
Joseph K. & Mary E. Johnson
The Phelps Family
Linda Sims Riggs
Mr. & Mrs. Ronald A. Shemo
Jeffrey & Nancy Thompson

Bryce Roberts
Ronald & Beth Wiseman

Basil "B.J." Robinson Jr.
Lawrence Williams

Ella Gleneve Appleby Robinson
Connie Wooley

Alexis Sakulich
Richard M. Sakulich

Jack Sanders
Sherri P. Greenwell

Gabriel Scheper
Gilbert L. & Nancy Milburn

Reagan Kathleen Schott
Anonymous
Patricia Jaynes
Eva Lorenz
William & Mary Lorenz
Michael & Carol Martin
John & Susan Penberthy
Judy Roslund
Richard & Roberta Swinson

Herman and Selma Schwartz
Donald R. & Ann Schwartz

Caitlin Sedlar
David J. & Linda M. Sedlar

Brenton Scott Seeders
Betty K. Lehr

Rodger D. Self Sr.
Gordon Food Service
Mitch Stallsmith

Holly Moore Sharp
Gwen Sharp

Case M. Shields
Todd A. & Ginger L. Myers Shields

Michael C. Shipley
Charles & Anne Shipley

Nelda Marie Welsh Siddens
Mr. & Mrs. Wade Barton

Lily Singleton
Patrick Wagner

SkuVault's clients, partners & affiliates
Andy Eastes

Andrew William Slone
Lura R. McStoots
Willie Slone

Iris Hazel Small
Lunch Bunch DCMS

Louis Ray Smith
Doyle P. & Dana B. Mayton
Millstone Inc.
Voestalpine Roll Forming Corp.

Lyndell Smith
Mr. & Mrs. Wade Barton

Mark Carl Snider
Beverly & Dallas L. Snider

Samantha F. Stallings
Salsarita's Fresh Cantina

Margaret Alice Steenbergen
Mr. & Mrs. Wade Barton

Kaitlyn & Cassie Stevens
Ishmael W. & Sharon K. Stevens

Kristin L. Stewart
Frank R. & Patricia A. Stewart

Adrian Sublett
Dr. & Mrs. James L. Sublett

Paul Kristian Sutherland
Mr. Timothy D. Sutherland

Nora Taurman
Mr. & Mrs. David E. Taurman Jr.

Waitman & Kathleen Taylor
Waitman Taylor

Martha J. Matthews Terry
Mr. & Mrs. Wade Barton

The Barnes Family
Anonymous

Jennifer L. Thomas
Larry E. Thomas

Lillian Grace Thomas
Danny R. & Linda Thomas

Blake Nicolas Thompson
Katherine P. DeVries

Patrick Thorpe
Diane Thorpe

Elwanda Porter Upton
David & Linda Porter

Roger Dale Vincent
Brad & Patricia McDougal

Anita Charlene (Eurton) Wade
Marvin & Sue Collins
Todd & Mindy Deweese
Evelyn L. Eurton
Jackie M. Kininmonth
Kenny & Victoria A. Koetter
Patricia Mann
David & Jannette McCormick
Robert McCoy
Roy & Marcia Ruoff
Sav A Step Food Mart Inc.
Gary W. & Darita S. Wade
Thomas & Marlene Wint

Marvin Joshua "M.J." Wafford
Charline Akins

Matthew Trent Walker
Kathy Allaband
Gwen Chandler
Dave Coughenour
Courtney Dugan Cromie
Amy Dunning
Mary Ferguson
Tom Houser
Nancye Neal Kelly
Lisa McGuffey
Janet Mitchell
Claire Moody
Mike & Ann Moody
Amir & Shiva Motameni
James Neal
Nilit America Inc.
Kaleigh Peltack
Scott Peltack
Patricia Stanfield
Derek Stanley Fitness
Lida Swan
Elza & Gayle Thompson
UofL Respiratory Therapy
KellyAnn Vandendool
Michael & Lisa Walker
Pamela B. Walker
Rodney Winters

Carmon Woodrow Ward
Mary & Charles Cissell
Kathi Rosenbaum

Mike "24" Waskevich
Charles J. & Annette E. Bergamini
Mr. & Mrs. Frank G. Bergamini
Mr. & Mrs. George B. Boehnlein
Michael & Karen Brungs
Julee Gruneisen
Michael & Martha Hartman
John & Janice Meyer
Michael & Barbara Stewart
Judy Thomas

Norton Waterman, M.D.
Richard S. & Mary Bert Wolf

Skylar Wathen
Jeffrey B. & Julie A. Wathen

Amelia Lee Weaver
JoAn U'Sellis

Mr. & Mrs. James G. Welsh
David M. & Roberta J. Welsh

Jaelyn Paige Wheatley
Sheila R. & Stephen J. Wheatley

Brody Scott Whitney
Mr. & Mrs. Brian Knoop

Justice Woods
Cherena Fox

Robert C. "Buck" Woolet
Kenneth M. & Sherra L. Woolet

Lucinda Thurman Wright, M.D.
F. Anthony Thurman, M.D.

Gregory J. Young
Rebecca M. Luckett

UPCOMING EVENTS

For more information on events listed below, call **(502) 629-8060** or visit **HelpNortonChildrens.com**.

	APRIL **29 and 30**	**Furlongs & Fairways reception and Children's Hospital Foundation Golf Outing**, Lake Forest Country Club and Valhalla Golf Club. Kick off the annual charity golf outing with a reception on April 29. Enjoy dinner, a silent auction and special guest speakers. Then gather your colleagues for a scramble-style golf tournament on April 30. Call Julia Leggett at **(502) 629-5543** for details, including sponsorship and volunteer opportunities.
	MAY **20**	**Chili's® Clip for Kids**, 2 p.m., Fourth Street Live! Join our community in raising funds in return for shaving, trimming or clipping your hair in solidarity with kids fighting cancer at Norton Children's Cancer Institute. Visit **ClipForKids.org** to register and learn more.
	JUNE **2 and 3**	**Wings for Kids**, 11 a.m., Bill Fluke Airfield at E.P. "Tom" Sawyer State Park. Bring the family to a radio-controlled air show hosted by the River City Radio Controllers, and see a variety of flying exhibitions. Proceeds benefit the "Just for Kids" Transport Team at Norton Children's Hospital.
	7	**Bourbon & Bowties**, 6:30 p.m., Fleur de Lis Farm, Prospect, Kentucky. Enjoy an evening of gourmet hors d'oeuvres from Louisville's top chefs, music, and live and silent auctions to benefit Norton Children's Hospital. Tickets on sale May 10, 9 a.m., at **NortonChildrens.com/BourbonAndBowties**.
	16	**Kickballin' for Kids**, 2 p.m., Louisville Water Tower Park. Norton Children's Hospital has teamed up with the National Kickball Association for this annual kickball tournament. Must be age 21 or older to play.

Connect with us!
Follow us on Facebook, Twitter, Instagram and Snapchat to stay up-to-date on events and happenings. Feel free to drop us a note or share your experience **@NortonChildren's**!

Children's Hospital Foundation

BOARD OF TRUSTEES

Chair
Peter Tevebaugh
Vice President, Finance & Planning
Mytex Polymers

Vice Chairs
Bruce Dudley
Partner, Wyatt, Tarrant & Combs LLP

Marita Willis
Major Gift Officer, American Red Cross

Secretary
Tonii Rizzo
President, Trinity Consultant Services

Treasurer
Mitchel T. Denham
Partner, Thompson Miller & Simpson PLC

Jane Allen
President, Norton Children's Hospital Auxiliary

Terrian C. Barnes
Civic Volunteer
Retired Chief Diversity Officer
Yum! Brands Inc.

Ryan Bridgeman
President and Owner, RJE LLC

Ashley Novak Butler
Director, Lift a Life Foundation

Tony Christensen
President & Managing Partner, ACCESS Wealth Management

Jose Neil Donis
Publisher, Al Dia en América

Robert D. Evans
Senior Project Manager, Project and Development Services
Brown-Forman Corp.

Amy L. Garlove, M.D.
Pediatrician, Norton Children's Medical Associates

Mimi Hwang
Director of Operations, Hwang's Martial Arts Inc.

Dana Johnson
Civic Volunteer

Karen L. Keith
Attorney, McMasters Keith Butler Inc.

Rachel Miles-Merrick
Civic Volunteer

Mary Newell
Director of Brand Loyalty, Texas Roadhouse

Paul Oberst
Financial adviser, Merrill Lynch

Dennis Parrett
Kentucky State Senator, District 10

Becky Petrino
Civic Volunteer

Mark Prussian
Chief Executive Officer, The Eye Care Institute

David Ramage
Owner, Ramage Company

G. Hunt Rounsavall Jr.
Attorney, Rounsavall Title Group

Dale Schaefer
Senior Vice President and Market Manager, Alpha Media

Cindi Shrader
Financial Services Representative, Financial Partners Group

Eddie Smith
Regional Vice President of Restaurant Operations
White Castle System Inc.

Bryan Taylor
Market President – Louisville and Southern Indiana, BB&T

Bev Wahl
President, TWIGS of Norton Children's Hospital

Debbie Waiz
Civic Volunteer

Lynnie Meyer, Ed.D., R.N., CFRE
Senior Vice President
Women's and Children's Community Partnerships
Chief Development Officer, Norton Healthcare

Emmett C. Ramser
Interim Chief Administrative Officer
Norton Children's Hospital

Providing care that's "Just for Kids"

Norton Children's maintains an unwavering dedication to the children of our community and region by offering pediatric specialists at Norton Children's Hospital, Norton Women's & Children's Hospital, Norton Children's Medical Center and Norton Children's Medical Associates pediatric practices throughout Kentucky and Southern Indiana. To learn more about our programs and services, visit **NortonChildrens.com**.

The Children's Hospital Foundation raises funds exclusively for Norton Children's Hospital and its sister facilities, providing support for facilities, equipment, new technologies, clinical research, child advocacy and health education for patients, parents, physicians, staff members and the community. For more information about charitable contributions that help children, call **(502) 629-8060** or visit **HelpNortonChildrens.com**. To learn more about volunteer opportunities at Norton Children's Hospital, call **(502) 629-6122**.

Spring 2018

Cart Wheels

A publication of Norton Children's Hospital and Children's Hospital Foundation

Contact us at:
Norton Children's Hospital
(502) 629-KIDS • (844) 629-KIDS
Children's Hospital Foundation
(502) 629-8060 • (800) 444-2523

Medical adviser – Mark J. McDonald, M.D.
Managing editor – Jennifer Reynolds
Creative director – David Miller
Designer – Mary Lou Fitzer
Copy editor – Wally Dempsey

Visit us at **NortonChildrens.com**.

Children's Hospital Foundation

Cart Wheels
Norton Healthcare
P.O. Box 35070
Louisville, KY 40232-5070

NONPROFIT ORG
U.S. POSTAGE
PAID
LEBANON JCT., KY
PERMIT NO. 677

Sick child? Short on time?

Norton eCare providers are available anytime, anywhere through your mobile device or computer.

See a provider 24/7 for kids ages 2 and up with:

- Seasonal allergies
- Head lice
- Red eye
- Skin rashes
- And other nonurgent health concerns

Video visits are face-to-face secure online visits through MyNortonChart. Get started at **NortonHealthcare.com/eCare** or download the MyChart app.

Look for the