

Medication Safety

Medication safety involves anyone who is part of childcare. Parents, caregivers, and even house guests need to take precautions to keep children safe.

Tips for medication safety

Keep all medications up and out of sight

Put medications away after every dose, even if another dose is due in a few hours. You can set a timer on your phone instead

Keep visitors purses, bags, and coats out of reach

Never refer to vitamins as 'candy'

Medication lock boxes are available

Make sure all caregivers are aware of safe medication storage



Medications can be colorful like candy and even taste good. Examples include children's cough syrups and gummy vitamins.



As CBD and THC products exposures and poisonings in children are increasing. A study in California found that children under 6 were most affected.

**Don't second guess.
Call poison control.**

1-800-222-1222



If you think someone may have been poisoned, call poison control right away. Do not wait for the victim to look or feel sick.



Household poison and choking prevention



Rethink storage:

Household items such as cleaning products and self-hygiene products need to be stored high and away from children, no matter how often it is used.

Safe Kids, Safe Storage



THE NUMBERS ARE STAGGERING AND CONTINUE TO RISE.



Each year, about **50,000** kids under age 5 go to emergency departments for **poisoning** after ingesting medication — of those, 50% involve child-resistant packaging.



Injuries from **guns** are the **No. 1 cause** of death among children and teens in Kentucky.



70% of **accidental shootings** by kids happen inside a home.

We're offering free classes to keep our community's families safe and healthy.

SAFE KIDS, SAFE STORAGE CLASS TEACHES HOW TO SAFELY STORE FIREARMS AND MEDICINE IN THE HOME.

Attendees will learn how to choose a safe location for firearms and how to safely store medications as well as gummies and other supplements that look like candy. The class offers the most up-to-date storage recommendations and how to talk to other adults in the home about what they can do to keep kids as safe as possible. After the class, participants will be sent home with injury prevention items, including gun locks and medication safety bags.

WE'RE BRINGING THIS IMPORTANT, LIFESAVING INFORMATION TO YOU!

If you are interested in scheduling a class for your group, organization or neighborhood, or to learn more about other family health and safety programs we offer, email NCPW@nortonhealthcare.org or call **(502) 629-7358**.



ALSO AVAILABLE BY MICROSOFT TEAMS!

This class will be hosted via Teams on March 23, June 22, Sept. 7 and Nov. 9, 2026, at 6 p.m. No software is needed to attend on a computer. If using a mobile device, you will need to download the Teams app. To register, visit NortonChildrens.com/Classes. You will receive a meeting link after registering.



NORTON
Children's
Prevention & Wellness

8 OUT OF 10 CAR SEATS ARE NOT USED OR NOT INSTALLED THE CORRECT WAY

Norton Children's Prevention and Wellness can give expert care and advice to families to make sure their car seat is safe and works properly in the case of a car crash.



SCHEDULE YOUR FREE APPOINTMENT WITH NORTON CHILDREN'S PREVENTION AND WELLNESS:

- Scan the QR code below
- Call 502-629-7358
- Email us at: NCPW@nortonhealthcare.org



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SAFESITTER

Essentials

Designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!

REGISTRATION INFORMATION

CLASS INFORMATION

Class fees are \$30 and includes a Student Handbook. Students should bring a sack lunch and water bottle.

REGISTRATION INFORMATION

To register online, visit nortonchildrens.com/classes_events. For more information or answers to questions, call (502) 629-7358 or email NCPW@nortonhealthcare.org. Register early as classes fill quickly!



Norton Women's & Children's Hospital Marshall Women's Center

4001 Dutchmans Ln
Louisville, KY 40207
Plaza 3, 1st floor

9:00 AM - 3:00 PM

6

APRIL

9:00 AM - 3:00 PM

19

MAY

9:00 AM - 3:00 PM

9

JUNE

9:00 AM - 3:00 PM

22

JUNE



MORE INFORMATION

www.nortonchildrens.com/prevention-wellness



NORTON
Children's
Prevention & Wellness

Funded by Norton Children's Hospital Foundation

SAFESITTER

Essentials with CPR

Designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting.

This **TWO DAY** Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and become CPR certified through the American Heart Association!



Monday and Tuesday July 13 & 14

9:00 am - 3:00 pm

Norton Women's and Children's Hospital
Marshall Women's Center
4001 Dutchmans Ln Louisville, KY 40207
Plaza 3- 1st floor

REGISTRATION INFORMATION

Class fee is \$60 and includes your student handbook and CPR certification.

Register online at nortonchildrens.com/classes_events

Make sure you select the option that includes **Heartsaver CPR**

For questions about Safe Sitter or other classes offered by Norton Children's Prevention and Wellness, email NCPW@nortonhealthcare.org



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Prevention & Wellness

CLASSES AND EVENTS



SAFE BABY

March 12th - virtual

April 9th - virtual

SAFE GRANDPARENTS

March 24th - virtual

SAFE SITTER

March 23rd - Norton King's Daughters Health (Madison, IN)

April 6th - Marshall Women's Health & Education Center

SAFE KIDS, SAFE STORAGE

March 23rd - virtual



TO REGISTER FOR A CLASS SCAN THE QR CODE.
YOU CAN ALSO REGISTER ONLINE AT:
WWW.NORTONCHILDRENS.COM/PREVENTION

