

Parenting With You



Listen to the podcast that helps caregivers keep children healthy and safe by offering practical advice for children of all ages.



AVAILABLE
ON APPLE
PODCASTS,
SPOTIFY,
AND MORE!



- Recent podcast topics:
- Heart disease in children
 - The measles
 - Mental health in children and adolescents



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LITTLE TALKS WITH A DOC: AN ORIGINAL YOUTUBE SERIES

Quick, trusted tips from Norton Children's pediatric experts—designed to help parents navigate everyday health questions and feel more confident caring for their kids.



A few recent uploads:

- How to make doctor visits stress-free for kids
- Prevent Distracted Driving
- Fever in kids: How to take their temperature
- What to do if you suspect a poisoning



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Norton Children's plans to build a new pediatric care campus that will include a full-service hospital for children with complex medical needs, research facilities and expanded specialty services. The project - near the intersection of Interstates 64 and 265 in Jefferson County - marks a major expansion and will feature the health system's second dedicated children's hospital. It will complement care provided at Norton Children's Hospital, Norton Women's & Children's Hospital, Norton Children's Medical Center and other specialty and clinical locations.

GIVE US YOUR INPUT!

SCAN THE QR CODE BELOW TO FILL OUT A SURVEY OF YOUR OWN PAST EXPERIENCES AT NORTON CHILDREN'S HOSPITAL AND WHAT FEATURES YOU THINK ARE IMPORTANT TO THE NEW FACILITY



<http://www.surveymonkey.com/r/KXNJCFEC>

Are You a Peacemaker?



Apply for a scholarship

The Society for the Prevention of Aggressiveness and Violence Among Adolescents (SPA VA), in partnership with Norton Children's Prevention & Wellness, is seeking applications for its Peacemaker Scholarship. The scholarship is awarded to students who exhibit compassion and promote peacemaking in their school and community.

SPA VA was created after a school shooting that occurred in 1997 at Heath High School in Paducah, Kentucky. This student-on-student violence sparked an immediate response from community leaders. The goal was to form a program that would teach students the values of respect, honor and integrity through a nonviolent lens as exhibited by Martin Luther King Jr. and Mahatma Gandhi.

The Peacemaker Scholarship is awarded to applicants who live these values and work to reduce violence, promote peace and seek to educate those around them.

Two \$1,000 scholarships will be awarded to students in grade 12 in the following counties:

- Kentucky: Jefferson
- Indiana: Clark, Floyd, Jefferson and Scott

The funds must be used for college or trade school education.



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Application criteria

- Essay describing your qualifications. The essay must be your original work written without artificial intelligence (AI) assistance. Submissions found to be written by or with the help of AI will not be considered.
- Two letters of recommendation
- Proof of a minimum 2.0 grade point average on a 4.0 scale (C average)



To apply, scan the **QR code** or visit **NortonChildrens.com/PeacemakerScholarship**.

Completed applications are due by 11:59 p.m. on Sunday, March 22, 2026. The scholarship recipients will be notified by mail by mid-May 2026. Applicants who do not receive awards also will be notified.



8 OUT OF 10 CAR SEATS ARE NOT USED OR NOT INSTALLED THE CORRECT WAY

Norton Children's Prevention and Wellness can give expert care and advice to families to make sure their car seat is safe and works properly in the case of a car crash.



SCHEDULE YOUR FREE APPOINTMENT WITH NORTON CHILDREN'S PREVENTION AND WELLNESS:

- Scan the QR code below
- Call 502-629-7358
- Email us at: NCPW@nortonhealthcare.org



UPCOMING CAR SEAT CERTIFICATION COURSE IN LOUISVILLE THROUGH SAFE KIDS WORLDWIDE

Child passenger safety technicians and instructors use their knowledge and expertise to provide child safety seat checks, where parents and caregivers receive education and hands-on assistance. Certification requires 3 days of on-site education and costs \$95 to enroll.



[CERT.SAFEKIDS.ORG/BECOME-TECH](https://cert.safekids.org/become-tech)

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KIDS**
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CLASSES AND EVENTS

SAFE BABY

September 11th
October 9th

SAFE GRANDPARENT

September 23rd

SAFE KIDS, SAFE STORAGE

September 8th



TO REGISTER FOR A CLASS SCAN THE QR CODE.
YOU CAN ALSO REGISTER ONLINE AT:
WWW.NORTONCHILDRENS.COM/PREVENTION

