

Holiday deals like Black Friday and Cyber Monday are a great time to stock up on safety items that you may need now or upcoming as your child and family grow.

NCPW has created our top recommendations of what items to look for, and what to avoid such as counterfeit car seats.





Recommended safety and wellness items

Sleep sacks

Crib or play yards

Baby gates

Cabinet and drawer latches and locks

Door knob covers

Outlet covers

Corner and edge bumpers

Window guards

Furniture anchors

Water thermometers for bath time

Helmets

Smoke and carbon monoxide detectors

Gun locks

Medication lock boxes

Digital thermometers

Electric toothbrush with two minute timer

First aid kit



What to avoid buying

Weighted sleep sacks

- If a baby rolls over onto their belly they may not be able to roll back, creating a risk for suffocation.

Counterfeit car seats

- These do not meet safety standard in the United States and can put your child at risk while riding in a moving vehicle.

Baby walkers

- One of the leading causes of injuries in babies occur in walkers.

Infant "loungers"

- Typical product has pillow sides which pose risk of suffocation. Babies need to always be on a firm, flat surface.

Neck floats for baby bath time

- Babies heads can slip through the float, posing a risk for drowning.

Trampolines

- AAP issued warning against trampoline use due to high risk of injury.

High-powered play magnets

- Swallowing these magnets can cause serious internal injuries.

Be Sure You're Buying an Approved Car Seat



Some car seats that do not meet the Federal Motor Vehicle Safety Standards are being sold on the internet and in secondhand or thrift stores. Be aware they could have major safety issues and may not be able to protect your child in a crash.

Here's how to tell if you have an approved car seat

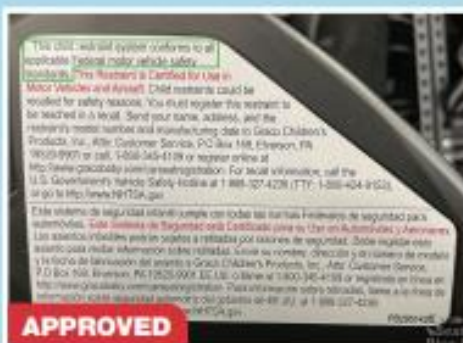
LABELS

APPROVED

The label must say "This child restraint system conforms to all applicable federal motor vehicle safety standards."

UNAPPROVED

Label has very little information or only a diagram



HARNESS

APPROVED

Five-point harness

UNAPPROVED

Harness with fewer than five points

No chest clip

No hip strap



Tips when buying

- It's best to buy a car seat from a reputable source, such as directly from the car seat manufacturer or in person at a major retailer.
- If you wish to buy a car seat secondhand from an online seller, be sure you understand the risks. You are not able to verify the history or authenticity of the car seat.

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To learn more about approved car seats, scan the QR code.

To schedule an appointment for a car seat check, call (502) 629-7358.



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Norton Children's offers **free car seat checks** by certified technicians

Schedule your free car seat check:

- ✓ Scan the QR code on this flier
- ✓ Call 502-629-7358
- ✓ Email us at:

NCPW@nortonhealthcare.org



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Safe Kids, Safe Storage



THE NUMBERS ARE STAGGERING AND CONTINUE TO RISE.



Each year, about **50,000** kids under age 5 go to emergency departments for **poisoning** after ingesting medication — of those, 50% involve child-resistant packaging.



Injuries from **guns** are the **No. 1 cause** of death among children and teens in Kentucky.



70% of **accidental shootings** by kids happen inside a home.



We're offering free classes to keep our community's families safe and healthy.

SAFE KIDS, SAFE STORAGE CLASS TEACHES HOW TO SAFELY STORE FIREARMS AND MEDICINE IN THE HOME.

Attendees will learn how to choose a safe location for firearms and how to safely store medications as well as gummies and other supplements that look like candy. The class offers the most up-to-date storage recommendations and how to talk to other adults in the home about what they can do to keep kids as safe as possible. After the class, participants will be sent home with injury prevention items, including gun locks and medication safety bags.

WE'RE BRINGING THIS IMPORTANT, LIFESAVING INFORMATION TO YOU!

If you are interested in scheduling a class for your group, organization or neighborhood, or to learn more about other family health and safety programs we offer, email NCPW@nortonhealthcare.org or call **(502) 629-7358**.



ALSO AVAILABLE BY ZOOM!

Classes will be held via Zoom on [redacted]
[redacted] Dec. 9, 2024, at 6 p.m. To register, visit
NortonChildrens.com/Classes&Events.



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Upcoming community classes



Safe Baby

November 14th



Safe Grandparents

November 26th



Safe Kids,
Safe Storage

December 9th



Scan the QR
code above to
sign up!