



NORTON  
**Children's**  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation

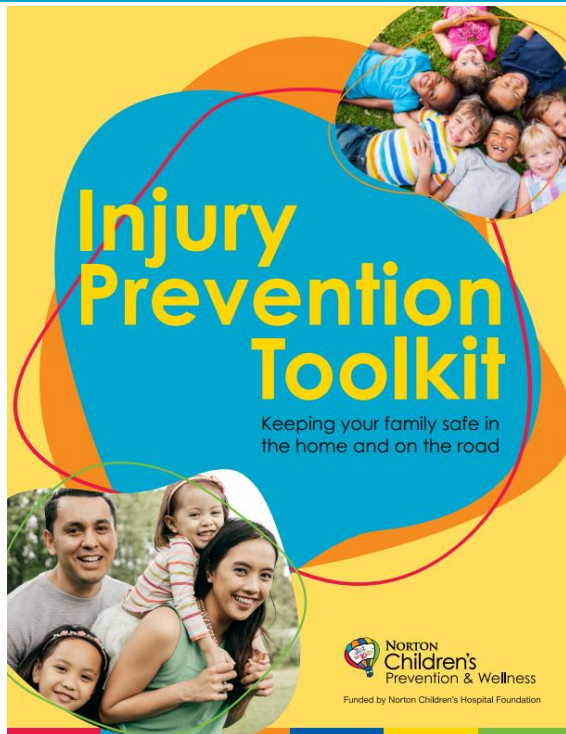


## Exciting updates from NCPW:

- ✓ Meet our new injury prevention kit
- ✓ Find NCPW educational resources online!
- ✓ Bedtime prevention poem for children

# Injury Prevention Toolkit

Our new 10 page Injury Prevention Toolkit is available to all medical staff and providers online and through EPIC!



## Included in this NCPW Toolkit:

- ✓ National trends
- ✓ Firearm safety
- ✓ Motor vehicle safety
- ✓ Avoiding accidental ingestions
- ✓ Water safety
- ✓ Home safety

## How to access:

**EPIC:** Use the Smartset **NCPWTOOLKITQR**

**Online:** [www.nortonchildrens.com/prevention-wellness](http://www.nortonchildrens.com/prevention-wellness)

- Click on “for medical professionals”
- Scroll down to “learn about available resources”



**NORTON**  
Children's  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation



# NORTON Children's Prevention & Wellness

Funded by Norton Children's Hospital Foundation



**Medical  
professionals  
can now  
access NCPW  
resources  
online!**

## How to find our resources:

1. [www.nortonchildrens.com/prevention-wellness](http://www.nortonchildrens.com/prevention-wellness)
2. Scroll down to Medical professionals.
3. Click “learn about available resources”

### Included:

- Injury prevention education and fliers
- Health and wellness education and fliers
- Past newsletter publications

# Bedtime Prevention Poem

My mind, imagination and feelings  
are all gifts inside my head.

Thank you for my helmet  
and all that it protects.

My smile brings joy and inspires  
in unexpected ways.

Thank you for my toothbrush,  
I'll use it twice a day.

My lungs can take deep breaths  
and helps to calm me down.

Thank you for exercise and  
being able to run around.

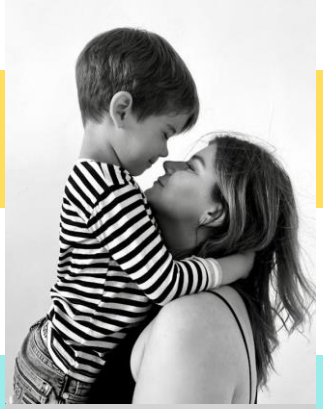
My belly has lots of organs that  
make sure my body can grow.

Thank you for healthy foods  
that support me head to toe.

My legs can carry me from the  
couch to find a book on the shelf.

Thank you for the choice to  
believe in myself.

I am **so** special just for being me.  
Thank you for bedtime and some  
much needed sleep.



NORTON  
Children's  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation



# Upcoming community classes



**Safe Baby**

**Safe Toddler**



**Safe Grand-  
parents**



**Safe Sitter**



**Safe Kids,  
Safe Storage**



**Car seat  
checks**



**N-O-T Not  
on tobacco**



**Growing  
Cooks**



**August 8<sup>th</sup>**

Safe Baby- Virtual

**September 12<sup>th</sup>**

Safe Baby- Virtual

**September 17<sup>th</sup>**

N-O-T Not on Tobacco- Virtual

**October 10<sup>th</sup>**

Safe Baby- Virtual

**October 21<sup>st</sup>**

Safe Kids, Safe Storage- Virtual



[Classes and Events | Norton Children's  
Louisville, Ky. \(nortonchildrens.com\)](https://www.nortonchildrens.com/classes-and-events)

To schedule a car seat check with our team:  
[Car Seat Checks | Norton Children's Louisville, Ky.  
\(nortonchildrens.com\)](https://www.nortonchildrens.com/car-seat-checks)