



NORTON
Children's
Prevention &
Wellness

Funded by Norton Children's
Hospital Foundation

Community health and wellness

Community health and wellness is a non-clinical approach to improving patient outcomes.

Improve patient health

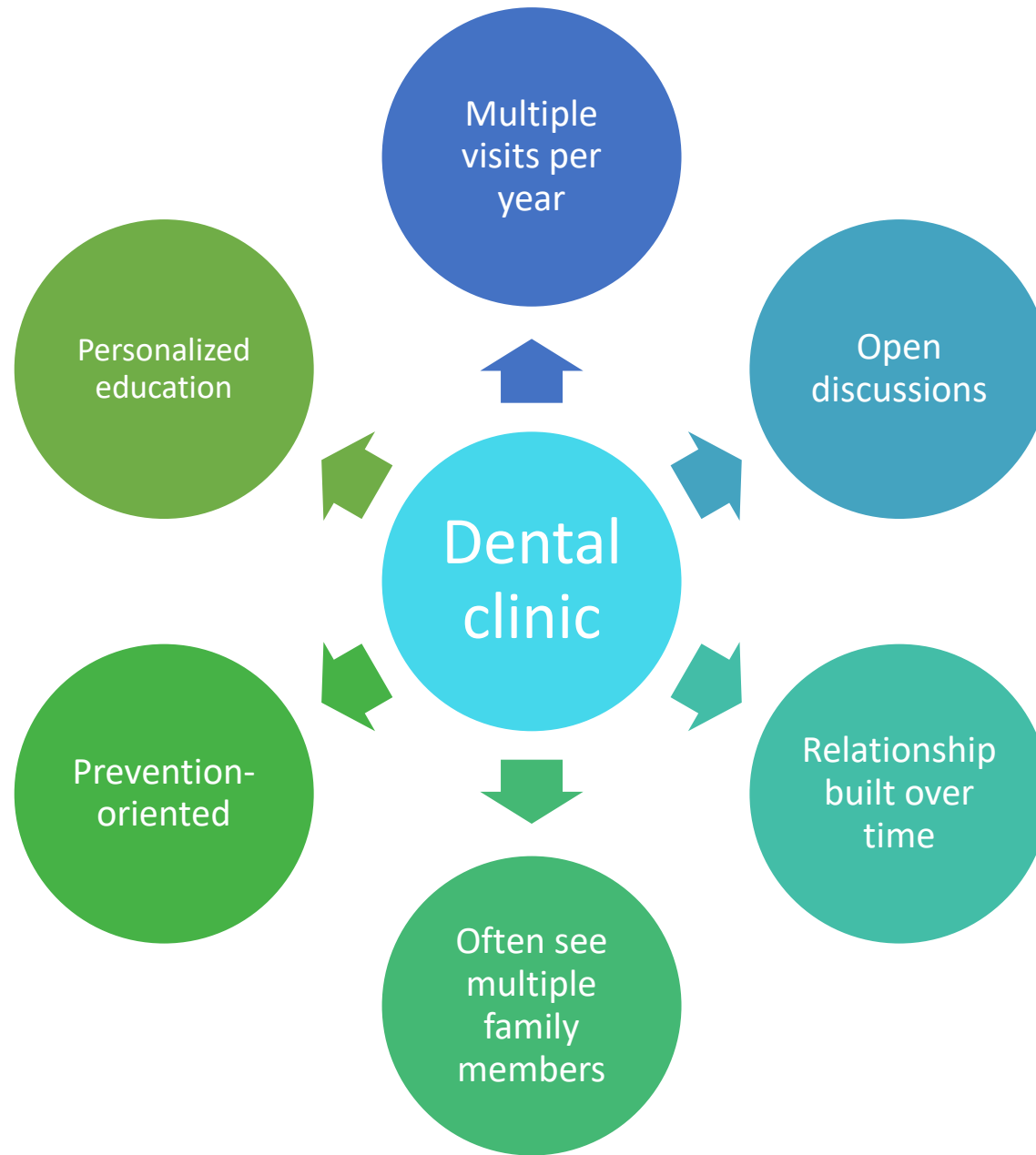
Reduce health disparities

Prevent health adversities

- Diseases
- Injuries

Dental clinics have a unique patient-relationship environment that can lead to a place of trust when a family is facing challenges.

Dental staff are in a prime position to give holistic support to their patient families.



Norton Children's Prevention and Wellness is looking for support to help us grow programming in the following areas:



Create a bi-directional referral system for dental care

- Dental referrals would come from Norton Children's Medical Group primary care practices (25+ locations)
- Other referring locations will expand as referral network is created



Share our department resources and knowledge back into the dental community

Main resources include:

- Car seat certification advocacy
- Smoking cessation referrals
- On-site injury prevention and wellness resources

Providing help

Short-term
resources

Long-term
resources

On-site
resources

Social need
referrals

Simple steps to assess for help

Step 1:

Screen patient for what you can offer

Suggestion: screen with the hunger vital signs

Assessing a family for food insecurity with the questions supplied in the hunger vital signs can give you a quick glance of if a family is facing a challenging time and may need support. If they screen positive for food insecurity, offering additional resources whether food or other needs such as transportation or a safety item for their child can be effective at lending support and increasing the health and well-being of the family you are serving.



Learn more about the
hunger vital signs

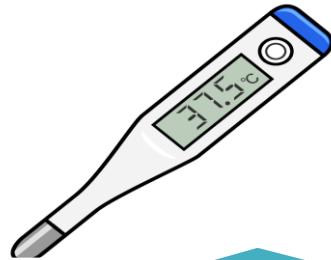
Step 2:

Give patient resources **needed and available**

Social need referrals



Transportation



Primary care or specialty needs



Food insecurity



Child and family support services



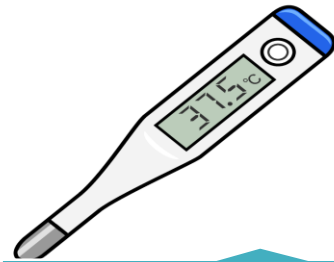
Housing

Examples of social needs that can be addressed with referrals in the community for long-term support of patient families

Recommended on-site resources



Bicycle helmets



Thermometers



Food boxes



Body hygiene products



Diapers and wipes

Dental office recommendations

- ✓ Screen for hunger vital signs at every appointment
 - [The Hunger Vital Sign™ - Children's HealthWatch \(childrenshealthwatch.org\)](http://childrenshealthwatch.org)
- ✓ If patient screens 'often true' or 'sometimes true' **offer an in-office resource list**
 - ✓ Pull items patient family is in need of to take home that day
 - ✓ Screen for social need referrals (featured on next slide)

National Highway Traffic Safety Administration statistics show over **90% of child safety seats in the United States are installed incorrectly.**

Dental office recommendations

Offer car seat checks at the dental office

- ✓ **National Child Passenger Safety Technician Certification**
[Become A Tech | National CPS Certification \(safekids.org\)](https://www.safekids.org/become-a-tech)
- ✓ Screen with appointment reminders
- ✓ Screen on-site if schedule has availability
- ✓ Create code for tracking

OR screen patient families for car seat checks and refer to:
Norton Children's Prevention and Wellness
502-629-7358



Alert: counterfeit car seats

Counterfeit car seats are increasing in our area. Unsuspecting caregivers purchase online and are sent seats that do not meet U.S. standards of safety. Please review below to help protect our patient families.

How to determine a car seat is legal:

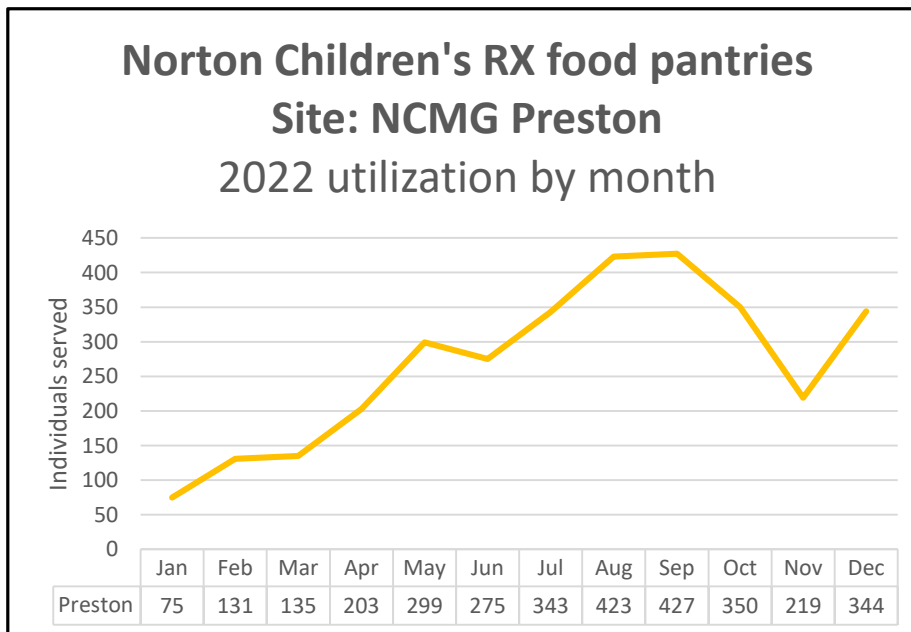
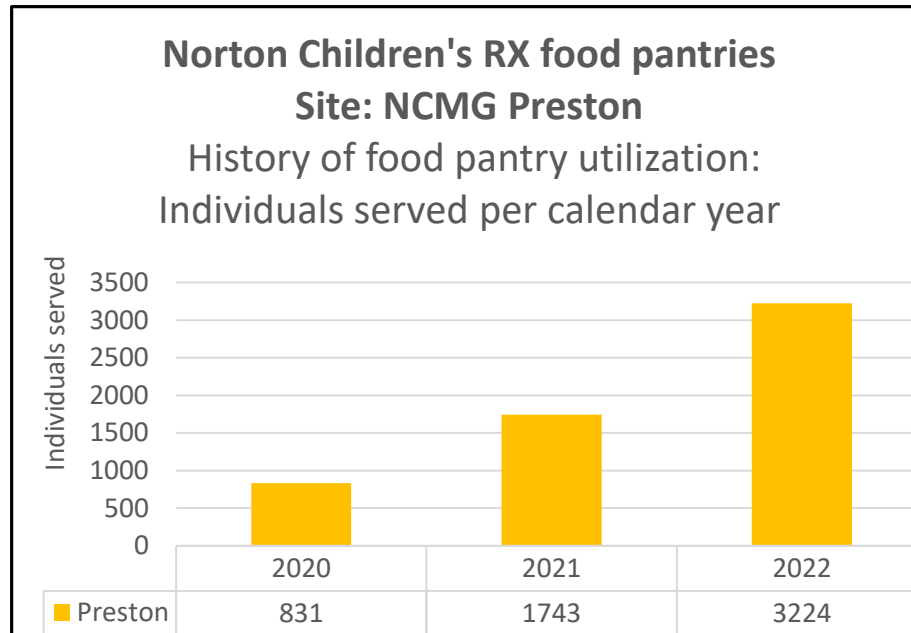
"This child restraint system conforms to all applicable Federal motor vehicle safety standards."

This statement is required to be on label(s) of car seat in English and permanently affixed to the child restraint. Included on the label should also be the model name or number, the manufacturer information, the date, and place the car seat was manufactured.

Red flags to look out for:

- Missing U.S. mandatory information listed above
- Unrecognized manufacturer name with a foreign physical address
- Non US telephone number
- Incorrect grammar, spelling, or sentence structure
- Foreign compliance labels (the U.S. does not have a dedicated symbol of compliance)





Norton Children's Medical Group
- Preston

"...while triaging patient...I handed the food insecurity question sheet to the mother. Mother answered often true for both questions. I informed mother we offer a pantry here in the office. The mother got really emotional. She had to compose herself after a minute...**most of the time she skips meals to ensure the child has plenty to eat...**"

Norton Children's Prevention and Wellness Community classes

Tobacco and vaping cessation

Cessation workshops

1. Freedom From Smoking
2. N-O-T: Not on Tobacco for teens

- Created by the American Lung Association
- Holistic approach to quitting
- Interactive learning
- Work towards maintaining positive behaviors
- Stress management, decision making, coping skills

Dental office referrals:



www.nortonhealthcare.com/smoking

Safety classes for the family

Class title	Age	Areas of focus
Safe Baby	0-6 months	<ul style="list-style-type: none">• Safe sleep• Car seat safety• Child abuse prevention
Safe Toddler	6 months +	<ul style="list-style-type: none">• Injury prevention• Car seat safety• Burns• Bike safety• Drowning• Child-proofing
Safe Sitter	6th- 8 th grade	<ul style="list-style-type: none">• Safety skills• Basic first-aid• Choking child rescue• Life and business skills
Grand- parenting	All ages welcome	<ul style="list-style-type: none">• Injury prevention• Car seats• Child-proofing

Dental office referrals:



[Classes and Events | Norton Children's Louisville, Ky.](#)
nortonchildrens.com

Bi-directional referrals

Bi-directional referrals

In 2019, more than 1,500 dental referrals were sent from Norton Children's primary care offices to dentists through an online platform. Due to lack of funding, the online platform was discontinued in early 2020.

Our department continues to look for creative ways to advocate and strategize within Norton Healthcare and the dental community to create a sustainable referral system.

Referral system needs:

- ✓ Online access
- ✓ Secure PHI exchange
- ✓ Communication between providers

Bi-directional referral vision

Medical clinic

- Do you have a dental home?

Dental clinic

- Do you have a primary care provider?

Dental health is an important part of your child's overall health!

Practice good dental hygiene for healthy teeth and gums.



For more health and wellness tips, visit [NortonChildrens.com](https://www.nortonchildrens.com).

For help finding a dentist, contact your Norton Children's pediatric provider.

©Norton Healthcare 1/19 CHLD-9148

[Classes and Events | Norton Children's Louisville, Ky. \(nortonchildrens.com\)](https://www.nortonchildrens.com)



Angie.garman@nortonhealthcare.org

Presenter, Prevention and Wellness coordinator



Funded by Norton Children's Hospital Foundation