



NORTON  
**Children's**  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation

# Asking saves lives



**Firearms are the leading cause of death among U.S. children under age 18, according to the American Academy of Pediatrics in 2023.**

**More than one-third of all unintentional shootings of children take place in the homes of their friends, neighbors or relatives.**



NORTON  
Children's  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation

## June 21<sup>st</sup> is ASK Day

*"Is there an unlocked gun in your home?"*

The ASK (Asking Saves Kids) campaign advocates for parents and caregivers to ask "is there an unlocked gun where my child plays?" **Firearm safety includes in the home of the child, caregivers, and new homes they visit.** Whether or not parents or caregivers have guns in their own home, it is important to encourage them to have discussions about the presence of firearms in the homes of family members and friends *before* the child goes over to play.



Order your ASK Day shirt  
from NCPW at:  
<https://www.bonfire.com/ask-day>



A portion of each t-shirt sale will go toward supporting safe storage programming like our [Safe Kids, Safe Storage Class](#) and distribution of gun locks to community members via our [Safety Care-a-van](#), pediatric offices, and Emergency Department Safety Cabinet.



## June 21<sup>st</sup> is ASK Day

*"Is there an unlocked gun in your home?"*

**Before dropping your child off at someone else's house, ask the adult in charge about:**



Allergies



Pets



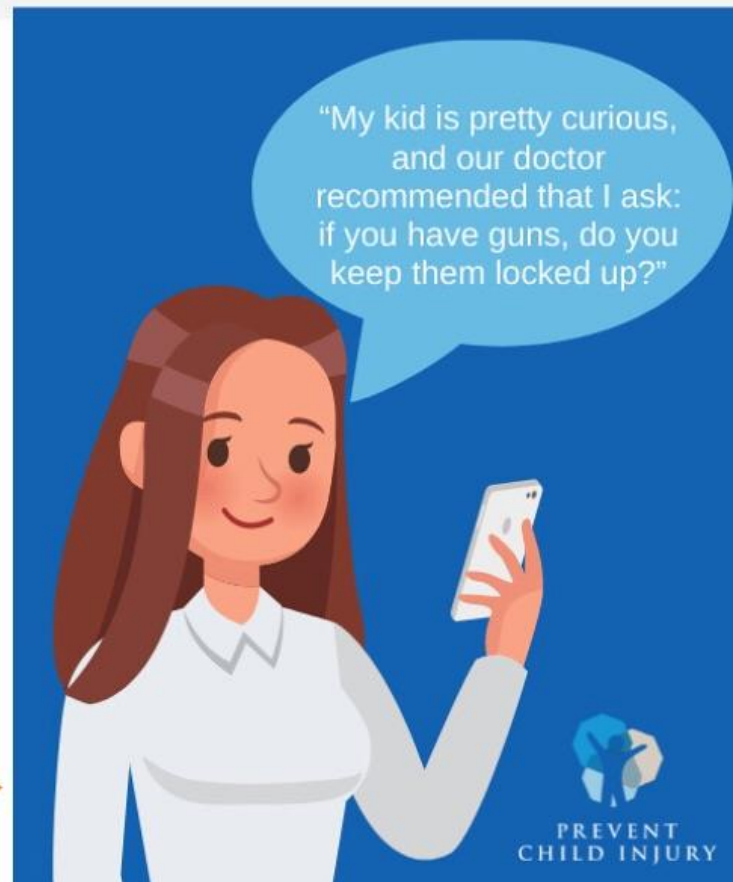
Internet Access



Adult Supervision



Gun Storage →





# 8 ways to be a safe firearm owner

1. **Keep firearms in a lockbox or safe.** Always store guns in a locked location, unloaded, and out of reach and sight of children.
2. **Store ammunition separately.** Always store ammunition in a separate locked location from the gun, out of reach and sight of children.
3. **Keep gun and ammunition safe keys and combinations hidden.** This adds an extra layer of safety.
4. **Use gun and trigger locks.** These devices can prevent the firearm from being discharged accidentally.
5. **If a visitor has a gun in your home,** provide them with a space to lock it up.
6. **Educate children about firearm safety.** Children are naturally curious. Teach them that guns are not toys and should never be touched without adult supervision. Tell children to alert an adult immediately if they come across a firearm or ammunition.
7. **Ask about the presence of firearms in other homes.** Find out if guns are present and how they are stored in the homes of relatives, friends and caregivers before your child visits their home. Asking about firearm storage can be a sensitive topic, but it's necessary to keep your child safe when you are not around.
8. **Safely dispose of guns you don't need.** Consult with law enforcement in your community on how to do so.

Norton Children's Prevention & Wellness works to support children and their families to be healthy and injury-free. To learn more about our services and classes, scan the QR code or visit [NortonChildrens.com/PreventionAndWellness](https://NortonChildrens.com/PreventionAndWellness).

If you are worried that your child or someone else may be struggling with mental health issues or is suicidal, help is available. Call **988** for the Suicide and Crisis Lifeline.



Funded by Norton Children's Hospital Foundation

# 8 formas de ser un propietario de armas de fuego seguro

1. **Mantenga las armas de fuego en una caja de seguridad o caja fuerte.** Siempre almacene las armas en un lugar cerrado con llave, descargada y fuera del alcance y la vista de los niños.
2. **Guarde las municiones por separado.** Siempre guarde las municiones en un lugar separado del arma y cerrado con llave, fuera del alcance y de la vista de los niños.
3. **Mantenga ocultas las llaves y combinaciones seguras de armas y municiones.** Esto añade una capa adicional de seguridad.
4. **Use cerraduras de pistola y gatillo.** Estos dispositivos pueden evitar que el arma de fuego se descargue accidentalmente.
5. **Si un visitante tiene un arma en su casa,** ofrézcale un espacio para guardarla bajo llave.
6. **Eduque a los niños sobre la seguridad de las armas de fuego.** Los niños son naturalmente curiosos. Enséñeles que las armas no son juguetes y que nunca deben tocarse sin la supervisión de un adulto. Dígales a los niños que avisen a un adulto inmediatamente si se encuentran un arma de fuego o municiones.
7. **Pregúnteles sobre la presencia de armas de fuego en otros hogares.** Averigüe si hay armas presentes y cómo se almacenan en las casas de familiares, amigos y cuidadores antes de que su hijo visite el hogar de ellos. Preguntar sobre el almacenamiento de armas de fuego puede ser un tema delicado, pero es necesario mantener seguro a su hijo cuando usted no está cerca.
8. **Deseche de manera segura las armas que ya no necesite.** Consulte con la policía en su comunidad sobre cómo hacerlo.

Norton Children's Prevention & Wellness trabaja para ayudar a que los niños y sus familias estén sanos y libres de lesiones. Para obtener más información sobre nuestros servicios y clases, escanee el código QR o visite [NortonChildrens.com/PreventionAndWellness](https://NortonChildrens.com/PreventionAndWellness).

Si le preocupa que su hijo u otra persona puedan estar enfrentando problemas de salud mental o tengan tendencias suicidas, hay ayuda disponible. Llame al **988**, que es la línea de vida de suicidio y crisis.



Funded by Norton Children's Hospital Foundation

# Safe Kids, Safe Storage



## THE NUMBERS ARE STAGGERING AND CONTINUE TO RISE.



Each year, about **50,000** kids under age 5 go to emergency departments for **poisoning** after ingesting medication — of those, 50% involve child-resistant packaging.



Injuries from **guns** are the **No. 1 cause** of death among children and teens in Kentucky.



**70%** of **accidental shootings** by kids happen inside a home.



We're offering free classes to keep our community's families safe and healthy.

### SAFE KIDS, SAFE STORAGE CLASS TEACHES HOW TO SAFELY STORE FIREARMS AND MEDICINE IN THE HOME.

Attendees will learn how to choose a safe location for firearms and how to safely store medications as well as gummies and other supplements that look like candy. The class offers the most up-to-date storage recommendations and how to talk to other adults in the home about what they can do to keep kids as safe as possible. After the class, participants will be sent home with injury prevention items, including gun locks and medication safety bags.

### WE'RE BRINGING THIS IMPORTANT, LIFESAVING INFORMATION TO YOU!

If you are interested in scheduling a class for your group, organization or neighborhood, or to learn more about other family health and safety programs we offer, email [NCPW@nortonhealthcare.org](mailto:NCPW@nortonhealthcare.org) or call (502) 629-7358.



#### ALSO AVAILABLE BY ZOOM!

Classes will be held via Zoom on March 18, June 17, Oct. 21 and Dec. 9, 2024, at 6 p.m. To register, visit [NortonChildrens.com/Classes&Events](https://NortonChildrens.com/Classes&Events).



NORTON  
Children's  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation



# SAFESITTER

*Essentials*

Designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!



**April 8 | May 21 | June 16**  
**June 25 | July 11 | July 23**  
**9:00 am - 2:30 pm**

Norton Women's & Children's Hospital  
Marshall Women's Center in Plaza 1  
4001 Dutchmans Ln  
Louisville, KY 40207

## REGISTRATION INFORMATION

Class fee is \$30 to cover class supplies

Pay at registration or with a CHECK on the day of class made to Norton Children's Hospital

All students should pack a lunch

To register visit [nortonchildrens.com/classes-events](http://nortonchildrens.com/classes-events)  
or call (502) 629-7358 and leave a message for Cass

Registration is required and closes 7 days prior to the class date



Funded by Norton Children's Hospital Foundation



# Child passenger safety: Upcoming certification

Norton Children's Prevention and Wellness recommends all pediatric primary care clinics have at least one staff member certified in child passenger safety.

Child passenger safety technicians and instructors use their knowledge and expertise to provide child safety seat checks, where parents and caregivers receive education and hands-on assistance.

Classes are offered through Safe Kids Worldwide. Certification requires 3 days of on-site education and costs \$95 to enroll.

**Next available course in Louisville:**

June 24<sup>th</sup> – June 26<sup>th</sup>

**Sign up for the next course at :**

[www.cert.safekids.org/become-tech](http://www.cert.safekids.org/become-tech)



NORTON  
Children's  
Prevention & Wellness

Funded by Norton Children's Hospital Foundation



# Upcoming community classes



**Safe Baby**

**Safe Toddler**



**Safe Grand-  
parents**



**Safe Sitter**



**Safe Kids,  
Safe Storage**



**Car seat  
checks**



**N-O-T Not  
on tobacco**



**Growing  
Cooks**



**June 13th**  
Virtual Safe Baby

**June 17<sup>th</sup>**  
Safe Kids, Safe Storage

**June 18<sup>th</sup>**  
Safe Sitter

**June 25<sup>th</sup>**  
Safe Sitter

**June 26<sup>th</sup>**  
Growing Cooks  
*Quesadillas*



Classes and Events | Norton Children's  
Louisville, Ky. ([nortonchildrens.com](http://nortonchildrens.com))

To schedule a car seat check with our team:  
[Car Seat Checks | Norton Children's Louisville, Ky.  
\(nortonchildrens.com\)](http://nortonchildrens.com)