

Safe storage, safe kids!

March 17-23rd is National Poison Prevention Week

The CDC defines safe medication storage as keeping all medicines, vitamins, supplements, and edibles out of sight and out of reach of a child every time, and is preferably, in its original childresistant packaging.





Safety tips for medication storage

Keep ALL medicines up and out of sight

Put medicine away after EVERY dose, even if another dose is due in a few hours

Keep visitor purses, bags, and coats out of reach

NEVER refer to vitamins as 'candy'

In order to remember to take medication, set a reminder on your phone instead of leaving it out on the counter

Medication lock boxes are available

Make sure all of the child's caregivers are aware of safe medication storage practices

Kentucky Poison Control Center of Norton Children's Hospital: **1-800-222-1222**



9 out of 10 parents agree it is important to keep medication out of sight and high up after every use <u>but</u> nearly 7 out of 10 report they store medicine within a child's sight – on a shelf at or above counter height.



THC/CBD poison in children

Poison control centers received over 3,000 calls in 2021 about children ages 5 and under consuming **THC** edibles



50 % of these children were 2-3 years of age

Almost 25% of children were admitted into the hospital





97% of all children found the edibles in their home. Many edible products look like candy.

Caregivers should store their THC/CBD products up and out of sight, in a medication lock box, as recommended for all medications

Safe Kids,

THE NUMBERS ARE STAGGERING AND CONTINUE TO RISE.



Each year, about **50,000** kids under age 5 go to emergency departments for **poisoning** after ingesting medication — of those, 50% involve child-resistant packaging.



Injuries from **guns** are the **No. 1 cause** of death among children and teens in Kentucky.



70% of **accidental shootings** by kids happen inside a home.

We're offering free classes to keep our community's families safe and healthy.

SAFE KIDS, SAFE STORAGE CLASS TEACHES HOW TO SAFELY STORE FIREARMS AND MEDICINE IN THE HOME.

Attendees will learn how to choose a safe location for firearms and how to safely store medications as well as gummies and other supplements that look like candy. The class offers the most up-to-date storage recommendations and how to talk to other adults in the home about what they can do to keep kids as safe as possible. After the class, participants will be sent home with injury prevention items, including gun locks and medication safety bags.

WE'RE BRINGING THIS IMPORTANT, LIFESAVING INFORMATION TO YOU!

If you are interested in scheduling a class for your group, organization or neighborhood, or to learn more about other family health and safety programs we offer, email **NCPW@nortonhealthcare.org** or call **(502) 629-7358**.



ALSO AVAILABLE BY ZOOM!

Classes will be held via Zoom on March 18, June 17, Oct. 21 and Dec. 9, 2024, at 6 p.m. To register, visit **NortonChildrens.com/Classes&Events**.



Funded by Norton Children's Hospital Foundation



Upcoming community classes

