

# Tips to Keep Kids Safe

## Pedestrian safety

- Teach kids before crossing the street to stop, look left, look right, look left again and listen. Remind them to continue looking until safely across.
- Children under age 10 need to cross the street with an adult. Most kids are unable to judge the speed and distance of oncoming cars until age 10.
- To be safe and seen by cars at night, wear bright-colored clothing and carry a flashlight or other light.

## Vehicle passenger safety

- Children under 57 inches tall should ride in a booster seat.
- The safest place for children under age 13 is in the back seat of a car.
- Children are more likely to buckle up if everyone in the car is wearing a seat belt.

## Bicycle safety

- Children should wear a properly fitting helmet every time they ride a bike.
- Bikes should be ridden with the flow of traffic, on the right-hand side of the street.

## Fire safety

- Create a home fire escape plan with two ways out of every room. Choose a place to meet outside that is a safe distance away from your home.
- If there is a fire, leave the home immediately. If there is a lot of smoke, get low and crawl out of the house as quickly as possible. Call 911 after you are safely out of the home.
- Make sure there are working smoke detectors on every level of the home.

## Firearm safety

- Teach children that if they see or find a gun to immediately tell an adult about it. Teach them never to touch a gun.
- Securely store firearms out of the reach and sight of children. Store them unloaded with ammunition stored separately. Use a child-resistant gun lock if you do not have a locked storage container.

## Medication safety

- Store all medications, vitamins, supplements, edibles and gummies out of sight and reach of children. This includes vape pens and cartridges.
- Recommended storage locations include a medicine cabinet, a high kitchen cabinet with a door that closes or a medication lock box.



For more information about keeping kids safe at home and on the road, and to learn more about our programs and services, scan the QR code or visit [NortonChildren.com/PreventionAndWellness](https://www.nortonchildren.com/PreventionAndWellness).



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