

Need Help Feeding Your Family?



In Kentucky, 1 in 5 children doesn't get enough food to grow up healthy. Without enough healthy foods, children get sick more often, take longer to get better and have to go to the hospital more often. They also can have trouble focusing in school and have emotional or behavioral issues.

Be sure to talk to your health provider if you are having trouble feeding your family. You don't have to bear the stress of choosing other basic needs over healthy food. There are resources to help you.

In addition to Norton Children's Food Pantry, the resources listed below may be available to you.

Use your smartphone's camera to scan each QR code to learn more.

Food resources



Dare to Care Food Bank
DareToCare.org



Kentucky Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
Benefits.gov/Benefit/2066



502 Food Works
Jefferson.KySchools.us/Student-Support/Meals



Kentucky Food Benefits/EBT
Benefits.gov/Benefit/1213

Other resources



Louisville Metro Community Ministry Directory
LouisvilleMinistries.org/Our-Services



Family Scholar House
LouieConnect.com

211 help line

The United Way's 211 help line is a free, confidential information and referral service that helps people facing life challenges. Get connected to a variety of local resources. 211 is available in over 100 languages, 24 hours a day, seven days a week. If you or someone you know needs help, call **211** or text your ZIP code to **898211**.

Norton Children's Prevention & Wellness works to support children and their families to be healthy and injury-free. To learn more about our services and community classes, scan the **QR code** or visit NortonChildrens.com/Prevention.

If you need a pediatrician, visit NortonChildrens.com/Pediatrician to find an office near you.

